



Park Hall Academy

Weekly News

22nd May 2026



Millionaires and still Number 1!



Park Hall Academy
Birmingham, Solihull

1,035,152

As we approach the end of this half term, we are proud to maintain our strong position on SENECA thanks to the hard work, commitment and determination shown by our students. Their consistent effort and positive attitude towards independent study have been outstanding. Many students have developed excellent revision habits, resilience and self-discipline which are already proving invaluable as they prepare for exams, mock exam and end of year assessments. It is fantastic to see such dedication and maturity in their learning journeys. A huge well done to everyone for your continued perseverance and achievements - keep up the excellent work!

ALL students are reminded that we want them to achieve a **minimum standard of 80%** on each assignment.

Special mention to our SENECA STARS for the highest usage over the last week:

| Year 7 | Year 8 | Year 9 | Year 10 | Year 11 |
|-----------------|------------------|---------------------|--------------|------------------|
| Chigozirim | Theo Perks | Faith Jones | Fern Tanser | Rafe Parry |
| Ikechukwu-Obi | Keegan-Good | Shaylah Josephs | Chloe Dixon | Riley Hemmings |
| Lydia Puar | Mccreight | Cullen | Sum Kiu Chan | Arturs Preijers |
| Emily Skelcher | Poppy McGrath | Eva Hopton | Libby Rodway | Neve Hartill |
| Kherys Bench | Jackson Carter | Bernard Monks-Brown | Ruby Hunt | Jacob Ramsdall |
| Nisma Ali | Sina Babekir | Arisa Hussain | David Wilkes | Madison Wall |
| Tincuta Ciobanu | Jeremy Liu | Alfie Barley | Ava Butler | Mason Edwards |
| Ahman Khan | Katelyn Meadows | Paige Gauntlett | Ruby Anthony | Louie Richardson |
| Harris Mahmood | Evie O'Callaghan | Ayesha Nazir | Harry Watson | Harry Coward |
| Ethan Hart | Tilly McDonough | Georgey Goldie | Riley Woakes | Dominic Barker |
| Zakiya Nazir | Ralph Robinson | Thomas Mitchell | | |

Special mention to those **achieving 100%** on every single assignment:

Year 7 – Indi Bishop, Zachary Strong, Lily Crew, T'Varni Harris-Williams, Sid Cooper, Tanayah Hayden, Jessé Ataria and Emily Skelcher, Aiden Edwards, Martins Okungbeni, Mila Williams, Aaliyah Bell, Lola Fothergill, Ahmad Khan, Eddie Spink and Kaitlyn Frost.

Year 8 – Myles Henry, Niamh Watkins, Amelia Sheppard, Sebastian Sumner, Amelia Duchnowska, Theo Perks, Leo Allen-Perks, Alexandra Oana, Danny Naven and Darcy Millward.

Year 9 – Fin Thomasson, Jessica Harding and Emma-Louise Moore.

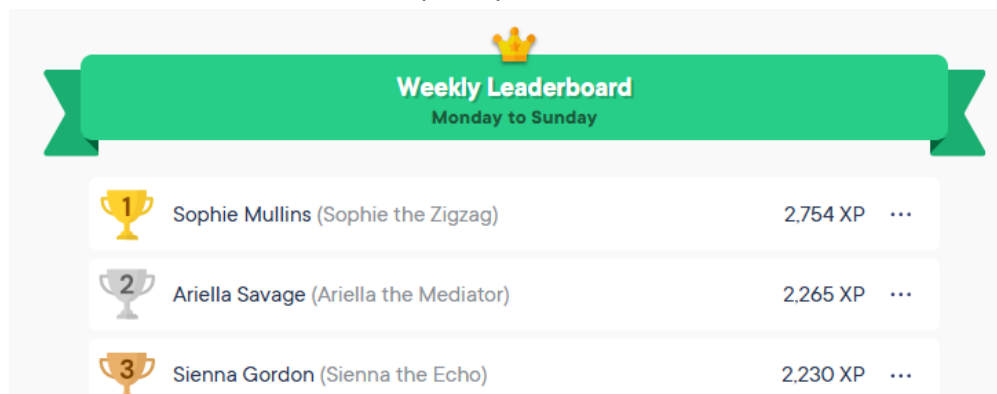
Year 10 – Jacob Hewlett, Kaiden Cartwright, Roxi Steward, William Walker, Demi-Leigh Gilligan, Sophie Davies. Holly Dickinson, Isaac Allcock, Ariella Savage and Marvelous Andoh.

Year 11 – Leah Williamson, Rafael Dennant and Louis Yates.

SPARX Maths Leaderboard



Well done to all our students who are engaging with SPARX maths and making real progress in their maths lessons. A huge well done to Sophie, Ariella and Sienna for making the top 3 for XP across the whole school this week. Keep it up!



Our highest XP students from last week are...

| Year 7 | Year 8 | Year 9 | Year 10 |
|--------------------------------------|------------------------------------|---------------------------------|-------------------------------|
| Sophie Mullins 2,754 XP | Keegan Goode-McCreight 1,470 XP | Emma-Louise Moore 2,228 XP | Ariella Savage 2,265 XP |
| Sienna Gordon 2,230 XP | Leo James 1,415 XP | Ryker Baker 1,558 XP | Ruben Sansoni 2,220 XP |
| Mikail Hafeez 1,943 XP | Ayda Mahfooz 1,190 XP | Bernard Monks-Brown 1,134 XP | Toby-Jay Amphlett 1,692 XP |
| Kiana Odulate 1,270 XP | Theo Perks 1,135 XP | Ayesha Nazir 1,125 XP | Miles Harrison 1,660 XP |
| Chigozirim Ikechukwu-Obi 1,228 XP | Leah Cahill 1,000 XP | Paige Fewtrell 1,090 XP | Chloe Dixon 1,356 XP |

If you are in the top 5 for your year group, please remember to collect your chocolate bar from your maths teacher on Friday.

National Numeracy Day

On Wednesday 20th May, we proudly celebrated National Numeracy Day across the school with a fun and engaging challenge for both staff and students. Staff members wore lanyards displaying different numbers, and students were tasked with completing a quiz by identifying teachers whose numbers matched specific properties, such as being a prime number or a multiple of 3.

The event generated a fantastic buzz around numeracy, with over 100 students successfully completing the challenge. All participants have been awarded PRIDE points in recognition of their efforts. Congratulations to our prize winners—Ariella Savage (Year 10), Angel Lilley (Year 7), and Theo Smith (Year 8)—who each received a box of chocolates for their excellent participation!



Senior Student Leadership Team

We are delighted to announce this year's senior student and student leadership team have been recruited and are already working on projects they want to drive forward in the rest of the Summer Term and into 2026-2027. The students went through a rigorous interview after making their applications. Well done to all of them. They were fantastic!

Harry Watson:

Hello, my name is Harry, and I am the new **Head Boy**. I look forward to this opportunity. Throughout my time at Park Hall, I have always known that this is where I wanted to reach.

Outside of school I love to not only play football but also to watch football, especially Aston Villa. In school I enjoy being with friends and being challenged especially in maths. Being Head Boy will increase my skill set especially in public speeches and teamwork. I hope to carry these skills on in my further life in sixth form and future careers I will have.

Lawson Burke:

Hi, my name is Lawson. I am in year 10 and I am part of the leadership team. Outside of school I play guitar and bass. I am currently in the year 10 band as well as a band outside of school. Later this year, I will be performing at the Cavern Club in Liverpool. Drama and music are a big part of my life as well as my family.

After school I would like to come to Park Hall Sixth form with good grades. I will continue with bass and guitar and hopefully learn piano.

Ceejay Bridges:

Hi, my name is Ceejay Bridges, and I am part of the leadership team, and I am currently in year 10. When I finish school next year, I am planning on going onto further education relating with sport and coaching. My main hobby is sport, especially football, due to watching and playing the game as much as I possibly can. I am hoping that this new role in my life will support me to make my dream reachable with the new skills available to gain.

Jacob Hewlett:

I am Jacob Hewlett, and I am **Deputy Head Boy**. I aspire to use this experience to challenge myself and make new bonds with people. I believe that taking on this challenge will help me in my aspiration to attend Park Hall Academy Sixth Form and go on to university in the future.

In my spare time I like to play video games and see my family. I also plan to take advantage of all the opportunities and support given to me ahead of my exams, as this will help me to balance my revision and add to my Leadership Team work.

Toby Amphlett:

Hi, I'm Toby and I'm **Deputy Head Boy**. I am very excited for this huge opportunity, and to embark on so many new journeys with this amazing group of people. In the future, I aspire to be a well-known architect and travel all around the world for my craft. But firstly, I would like to succeed in my GCSE's and college life to prepare me well for my chosen career path. In my spare time, I love to play and watch football. I am excited for this journey throughout year 10 and 11.

Aston Martin:

Hello, my name is Aston Martin, and I have been appointed onto the leadership team at Park Hall Academy from 2026 to 2027. To be selected to be a part of this team has been an incredible journey from the day I arrived at the school. Since then, I have encouraged myself to undergo various experiences, such as joining the school plays, participating within the school band, and taking up bass guitar as an instrument of choice.

Like my studies, I will always ensure that I am dedicated to the leadership team by always addressing my opinions towards spoken topics, as well as expressing other issues that I believe should be discussed. For example, I would like to voice my opinions on diversity, why it is so powerful, and why we should tolerate and show respect to others, as said within our British values. Within this category, there are other topics that must be discussed, such as gender stereotypes, misconceptions of masculinity and femininity, and neurodiversity.

Throughout this next year where I will set a role model for the school, this will be an opportunity for me not only to showcase my current qualities, but also to enhance personal skills needed for future life; this includes socially interacting, communicating, and working together as a unified team.

For the future years that may even consider becoming part of a leadership team, I would advise all of you to never deny yourself opportunities- the moment I started to do this, and believe in myself, was the moment my confidence grew. I have completed certain tasks I believed were unachievable: performing in public concerts, playing my role in school plays, and volunteering for a charity, have all helped me on this journey.

Thank you for reading my autobiography, I hope that I can be of great use to the new leadership team.

Holly Dickinson:

Hello, my name is Holly Dickinson, and I am one of three **Deputy Head Girls** at Park Hall. I am currently in year 10 and studying for my mocks. I have many aspirations that I want to achieve while in the leadership team and I plan on taking full advantage of it. I would really like to make a difference in school and ensure everyone feels safe and protected as I know that's what truly helps a student in education.

A bit about me is that I like to keep myself busy, I have many hobbies that I love to take part in, a few of these being: archery, guitar and I am joining the Army cadets. As for subjects I take at school, I do photography, performing arts, triple science and history. I am truly passionate about performing arts and I believe that it's a big part of my life, it has given me confidence, communication skills and social skills. I truly believe I wouldn't be the person I am today without my hobbies. I hope to make the school a better place with everyone's support and take full responsibility in my role. Thank you for reading my biography, Holly.

Megan Dalton:

Hi, I'm Megan and I am part of the leadership team for this year, which I am very looking forward to working on in a team to help benefit the school and the students. One reason that I joined the team is to help students feel more confident in themselves and their achievements while working their way through this wonderful journey in our beloved school. I have been told that I am a very energetic person who likes to spend time with friends and family, laughing and making jokes. I believe that this role will help me near my journey towards college and sixth form. I am incredibly passionate about drawing and art which I wish to get high grades on in my GCSE's, that is what I spend most of my time on.

Alarnah Carrington:

Hello, I'm Alarnah and I'm on the Leadership Team. When I leave here, I want to become an actor so I need to have confidence but whilst I'm here I want to make Park Hall the best it can be. Hearing every student's voice and making them feel included in decisions we'll be making on the team. Thank you for this amazing opportunity for my role on the Leadership team!

Isabella Sutton:

Hi, I'm Isabella and I'm **Head Girl**. I'm absolutely honoured that I have received the role of Head girl, and I hope that while in this position I will be able to make our school even better by helping students better their education without making sacrifices toward their mental health. In the next few years, I aspire to get good grades in my GCSE's before going on to do the same in my A Levels while attending Park Hall Academy Sixth Form. A big part of my life and what has helped shape me as a person is my love for creative arts and politics, including things such as theatre and music. I believe that these passions are what helped me advance many of what are now some of my best skills, such as teamwork, communication, and public speaking. For the future, I aspire to attend university and study either chemistry or political science, two subjects in which I am greatly interested in, as well as getting my grade 8 piano certification. I'm looking forward to seeing what the next year in this role brings, thank you for this incredible opportunity!

Roxi Steward:

Hello, my name is Roxi Steward. I am **Deputy Head Girl** in the new leadership team representing my year group. I have joined this team to be able to represent my fellow peers in the most positive way I can. I want to be able to be a voice for people who are too anxious or too scared to come forward. During the next year, I would like to be able to boost my confidence in presenting to other people – skills I know will come in handy after I finish school (e.g. sixth form, university). I want my fellow peers to be rest assured that I, as well as the rest of the team, will put our all into representing you, the staff and Park Hall academy as a school. Outside of school, I enjoy reading various genres of books and talking with my friends. Thank you for this incredible opportunity for my role in the Senior Leadership Team; I am excited to see how the next year goes!

Rohey Manneh:

Hi, my name is Rohey Manneh, and I am proud to announce that I have been selected to be part of the Senior Student Leadership Team here at Park Hall Academy. In my free time, I enjoy swimming, singing and reading. My aim for making this school even better is making sure the Year 7's feel included and inspired. Since day one of joining Park Hall Academy, I have been so inspired of all the opportunities that this amazing school has! I am looking forward to representing the school for my final years here at Park Hall Academy. This is an amazing opportunity to come out your comfort zone and show off to everyone that you have the potential to also become members of the student leadership team when you get into year 11! I strongly believe that being part of the leadership team is an amazing opportunity to boost my skills such as communication, teamwork and responsibility. After school life, I will use these skills to hopefully become a special educational needs teacher which is my dream career. I have also been involved in past school plays, performing arts showcases, helping at open evenings and so many other amazing opportunities. Thank you for taking the time to read my autobiography and I hope I can show you the best of my self.

Libby Rodway:

Hi, I am Libby Rodway, and I am **Deputy Head Girl**. In my spare time I like to paint and bake, and I aspire to be a small business owner or an author. I'm passionate about school and supporting students in learning more effectively and easily. I'm looking forward to working with our team in the coming year to help everyone's experience better.

Emily Sansoni:

Hello my name is Emily Sansoni; I am a Year 10 student on the leadership team. I want to start by saying I am so grateful for this opportunity to make a difference to our school and the community. I aspire to create a smoother transition from Year 6 to Year 7 for students. I will achieve this by suggesting a Q and A where the Year 6's can get the answers to their worries. I would also like to change PE, many girls do not participate because of feeling dismissed or embarrassed and I would like to change that, as I have experienced this first hand. I look forward to start making positive changes and being a role model to the next leadership team.

Year 9 Football Team

Trevor Francis Cup – Year 9 Football Team Update

The Year 9 football team have continued their fantastic run in the Trevor Francis Cup, producing two excellent performances in the quarter-final and semi-final to secure their place in the final.



Quarter Final – Friday 24th April

Park Hall Academy vs Arden (Venue: University of Birmingham)

In an exciting and closely contested match, the game finished 3-3 in normal time. Park Hall took an early lead, with Mason scoring a superb free kick in the first half to make it 1-0 at the break. The second half was full of drama, with goals from Noah and Frankie helping Park Hall stay in the contest after falling behind at one stage. Showing great resilience, the team fought back to level the score and take the game to penalties. From the spot, Noah, Mason and Louie all converted their penalties confidently, with Louie scoring the decisive winning penalty to secure a 3-2 shootout victory and send Park Hall into the semi-finals.



Semi Final – Friday 15th May

Park Hall Academy vs St Peter's (Venue: Wast Hills Training Ground)

The semi-final saw a dominant all-round performance from the team. A strong defensive display provided the foundation for success, limiting St Peter's to very few chances. Going forward, Park Hall were clinical, with midfielder Mason in outstanding form, scoring a superb hat-trick. The performance was capped off by a late goal from George, sealing an impressive 4-1 victory and booking a place in the final.



Looking Ahead – The Final

The Year 9 team will now play in the Trevor Francis Cup Final at **St Andrew's Stadium**, home of Birmingham City FC, on **Sunday 31st May 2026**.



This is a brilliant achievement for the squad, who have shown determination, teamwork and quality throughout the competition. The whole school is incredibly proud of their success so far and wishes them the very best of luck in the final.

Come on Park Hall!

| 7 | 8 | 9 | 10 | 11 | 12 |
|----------------------------|--------------------|-----------------|---------------------|----------|------------------|
| Diversity and stereotyping | Gender stereotypes | Gender Equality | Building resilience | Revision | The Equality Act |

Wb 1st June assemblies: Uniform expectations.



British Value: Rule of Law

This week, our assemblies are linked to our **uniform expectations**, where we focus on presenting ourselves positively and showing pride in our school community.

One key British Value that supports this is **Rule of Law**.

- We understand that rules help keep everyone safe, respected and ready to learn
- We recognise that wearing the correct uniform shows we are part of a community
- We follow school expectations consistently, even when no one is watching
- We take responsibility for meeting expectations every day
- We understand that rules apply to everyone fairly
- We respect the decisions of staff and understand the reasons behind rules
- We contribute to a calm, focused and professional learning environment

When we understand the rule of law, expectations feel fair, consistent and help everyone succeed.

Key Message

A strong and successful school community follows rules, takes pride in presentation, and understands that clear expectations help everyone feel safe, included and ready to learn.



**STUDENT GUIDE
2025-6**

**Launched: Monday 13th April 2026
Deadline for award submission: Friday 12th June 2026**

What is the Character Award at Park Hall Academy?

The Character Award is given to Year 7-10 students who show strong character and citizenship in school.

A good character means being kind, respectful, resilient, and responsible, while a good citizen helps make the school a better place.

To achieve the award, students must:



BRONZE AWARD - Complete a **CHARACTER CARD** with all 12 STAMPS

SILVER AWARD - Complete a **CHARACTER CARD** with all 12 stamps plus 5 completed **CHARACTER CHALLENGES** in the portfolio

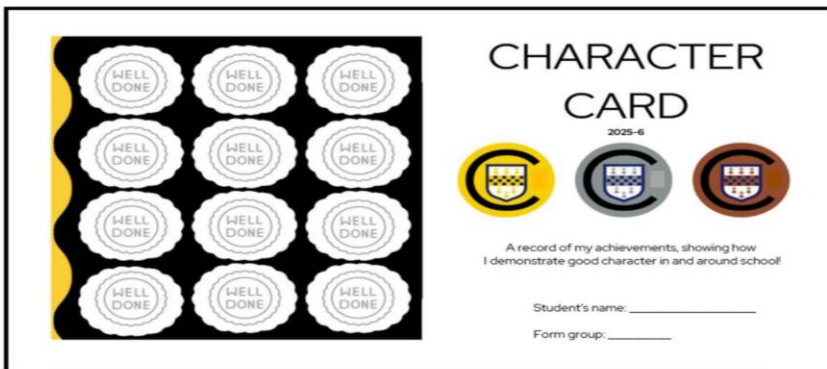
GOLD AWARD - Complete a **CHARACTER CARD** with all 12 stamps plus all 10 completed **CHARACTER CHALLENGES** in the portfolio

All students will receive both a certificate and enamel badge

1. What is a Character card?

Students are to carry this character card in the pocket of their blazer and when they have demonstrated a character trait in school, they must ask their form tutors/ teacher to complete it to say they have witnessed the character trait in action.

It is important for students not to lose the cards as they are the evidence needed towards getting the badge!



| CHARACTER TRAIT | What you need to show... | British Value (D.R.I.M.I) | Where have you evidenced this? | Teachers signature |
|-----------------|---|---------------------------|--------------------------------|--------------------|
| Commitment | Sticking with something, even when it gets hard. | Rule of Law | | |
| Courage | Having a go, even when unsure or nervous. | Individual Liberty | | |
| Compassion | Being kind and caring when someone needs help. | Mutual Respect | | |
| Co-operation | Working well with others to get things done. | Democracy | | |
| Curiosity | Wanting to learn new things and ask questions. | Individual Liberty | | |
| Courtesy | Using good manners and being polite to everyone. | Mutual Respect | | |
| Consistency | Being reliable and trying your best every day. | Rule of Law | | |
| Creativity | Thinking of new ideas and trying different ways to do things. | Individual Liberty | | |
| Calmness | Staying steady and in control when things feel stressful. | Tolerance | | |
| Citizenship | Being a helpful, responsible member of our school community. | Democracy & Rule of Law | | |
| Character | Doing the right thing, even when no one is watching. | Rule of Law | | |
| Charity | Helping others by giving your time, support or care. | Mutual Respect | | |

For every Character Trait achieved ask the teacher to sign and date the stamp on the other side

2. Do I have to do the CHARACTER CARD and CHARACTER PORTFOLIO?

No. Complete the card and you will be awarded a BRONZE award. Complete the card and 5 challenges in the portfolio and receive a SILVER Award or complete the card and all 10 challenges in the portfolio and achieve the GOLD Award.

3. When do I have to hand in the evidence?

Your form tutor will monitor the completion of each card and once completed they will keep hold of it. The card and portfolio must be handed to Mrs Cullum-Kenyon **FRIDAY 12TH JUNE 2026**

4. When will I receive my award?

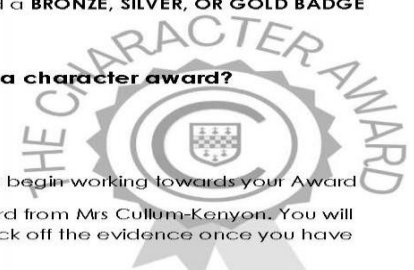
All certificates and awards are given at the end of the Summer Term during a special Awards events just for you. Students will be awarded a **BRONZE, SILVER, OR GOLD BADGE** for their blazer based on the strength of evidence.

5. Will I get more than one opportunity to get a character award?

You will get one opportunity each year.

6. WHAT DO I NEED TO DO TO START?

- 1) Collect a Character Card from your form tutor to begin working towards your Award
- 2) Collect a portfolio for the SILVER and GOLD Award from Mrs Cullum-Kenyon. You will be given a contents page for you to track and tick off the evidence once you have completed a challenge



Character Challenge

IF YOU WOULD LIKE TO COMPLETE THE SILVER AND GOLD AWARD, PLEASE COLLECT A PORTFOLIO FROM MRS CK



| Challenge | Challenge Title | What to Do | British Value (D.R.I.M.T) | Evidence Required | Completed (Yes/No) | Signed & dated |
|-----------|------------------------------|--|---------------------------|---|--------------------|----------------|
| C1 | Form group contribution | Contribute an idea in form by making a poster to support a school initiative / issue | Democracy | Photo/ poster tutor signature, or reflection. | | |
| C2 | Student Voice representative | Collect 3 student ideas and present them at the school Council. | Democracy | Summary of ideas or notes + witness signature from Mrs CK | | |
| C3 | Join a club | Attend an extra-curricular club for at least 6 sessions. | Rule of Law | Club leader signature or photo. | | |
| C4 | Earn a certificate | Earn a certificate (effort, reading, behaviour, sports, arts). | Rule of Law | Copy or photo of certificate. | | |
| C5 | Reading challenge | Read a book and write a short review. | Individual Liberty | Review, reading log, or photo with book. | | |
| C6 | Personal achievement | Set a personal goal and work on it for 7 days. | Individual Liberty | Reflection, progress record, or photos. | | |
| C7 | Helping at home | Do a helpful job at home without being asked. | Mutual Respect | Parent/guardian confirmation or photo. | | |
| C8 | Peer support | Help someone in school from a different year group and check in on them later. | Mutual Respect | Witness note or statement. | | |
| C9 | Charity contribution | Bring in an item for your year group's charity. | Tolerance | Photo, receipt, or tutor confirmation. | | |
| C10 | Support a school event | Volunteer to help at a school event/ assembly. | Tolerance | Staff signature from Mrs Ck or photo. | | |



Thursday 28th May 9.30-12.30pm

| Subject | SESSION: | CLASS/ GROUP | ROOM | TEACHER | SESSION FOCUS |
|-----------------|----------|---------------------|-------|--------------|---|
| Performing Arts | Both | Yr 10/Yr12 | S214 | Mrs Ck | Curious Incident of a Dog in The Night-Time |
| Statistics | 9.30-11 | Year 11 | G22 | Ms Drage | Past paper practice |
| Extended Maths | 11-12.30 | | | | Past paper practice |
| Science | Both | Combined Higher | L27 | Ms Ali | Paper B2/C2 |
| | Both | Foundation Combined | L12 | Mr Robinson | Paper B2/C2 |
| English | 9.30-11 | Yr13 | G16 | Ms Chowdhury | Paper 2 |
| | 11-12.30 | | | | Paper 3 |
| History | 9.30-11 | Yr 11 | GG4/5 | Mr Rowland | Session 1: American West |
| | 11-12.30 | | | | Session 2: Norman Conquest |

Friday 29th May 9.30-12.30pm

| Subject | SESSION | CLASS/ GROUP | ROOM | TEACHER | SESSION FOCUS |
|----------------|-----------|-----------------|-------|----------------|--|
| Maths | 9:30 – 11 | Set 4 | S22 | Mr Goodridge | Foundation Calculator Topics |
| | 9:30 – 11 | sets 5-8 | G24 | Mr Ghaffar | Foundation Calculator Topics |
| | 9:30 – 11 | Higher | GG4/5 | Mr Knight | Paper 2 and Paper 3 |
| | 9.30-11 | Year 13 | G22 | Ms Drage | Parametric equations and calculus |
| English | 9.30 – 11 | Grade 6+ | GG3 | Ms Hasan | Language Paper 2 Section A |
| | 9:30 - 11 | Grade 4/5 | G110 | Ms Daniels | Language Paper 2 Section A |
| | 9.30-11 | Grade 4 | GG10 | Mrs Plackowski | Language Paper Two – whole paper run through |

| | | | | | |
|----------------|----------|-----------|-------|----------------|--|
| Maths | 11-12.30 | Set 4 | S22 | Mr Goodridge | Foundation Calculator Topics |
| | 11-12.30 | sets 5-8 | G24 | Mr Ghaffar | Foundation Calculator Topics |
| | 11-12.30 | Higher | GG4/5 | Mr Knight | Paper 2 and Paper 3 |
| | 11-12.30 | Year 13 | G22 | Ms Drage | Annotating questions |
| English | 11-12.30 | Grade 6+ | GG3 | Ms Hasan | Language Paper 2 Section B |
| | 11-12.30 | Grade 4/5 | G110 | Ms Daniels | Language Paper 2 Section B |
| | 11-12.30 | Grade 4 | GG10 | Mrs Plackowski | Language Paper Two – whole paper run through |



Signposting support:



Useful helplines and charities

Young Minds. Child and adolescent mental health charity. Call: 0808 802 5544 (parents' helpline)

Samaritans. Samaritans provide 24-hour online and phone support to people in distress. Call: 116 123

SANE. National out-of hours mental health charity offering emotional support, guidance and information. Call: 0300 304 7000 (4.30pm to 10.30pm)

<https://mensadvice.org.uk/contact-us/> Men's advice and support site

<https://safeline.org.uk/mens-mental-health-a-silent-crisis/> Men's mental health site

Mental Health Foundation. Information and support for anyone with mental health problems or learning disabilities.



P.R.I.D.E Points

Our students have the opportunity to earn PRIDE points in a variety of ways here at Park Hall. Well done to these students for receiving the most PRIDE points in their year group this week.

| Year 7 | Year 8 | Year 9 | Year 10 |
|----------|------------------|---------------------------|-------------------------------------|
| AJ Evans | Ethan Leddington | Gracie Fox Thomas Wall | Toby Lewis-Gwilliam Charlie Main |

DATES FOR YOUR DIARY



| | | |
|---|---|--------------------------------------|
| Friday 22 nd May | – | Last day of term for students |
| May Half Term – Monday 25th May to Friday 29th May (Revision School Thursday 28th and Friday 29th May) | | |
| Monday 1 st June | – | Students return to school |
| Thursday 11 th June | – | Yr 8 Parents Evening – 3.30 - 6.30pm |
| Friday 26 th June | – | Yr 11 Prom Night – 6.30pm - 11pm |

Helping our Children Stay Safe

Parents and Carers - Helping our Children Stay Safe | Tuesday 2nd June @ 6-8pm

Following on from Knife Crime Awareness Week, we are hosting this session for parents and carers to continue the conversation about keeping young people safe. While awareness weeks help shine a light on the issue, it's what happens collaboratively that really matters. This workshop is designed to give parents and carers the knowledge, confidence and practical tools to better understand the risks young people may face, how exploitation and peer issues can escalate, and the role we can all play in preventing serious harm.

Join our FREE workshop to learn more about topics such as the influence of social media, the signs and stages of exploitation, and how, as parents, carers and a community, we can help prevent young people from being affected by knife crime.

This 2-hour workshop, hosted by The Ben Kinsella Trust, covers the following topics:

- Understanding knife crime from the perspective of young people
- The signs and stages of child exploitation
- Gangs and gang-life
- Exploring the link between trauma and exploitation
- Considering online harms, social media, slang and gang-related music
- Understanding how peer 'issues' can escalate and how young people can manage them
- Having meaningful conversations about difficult topics
- Helping our children stay safe: the SAFE 'T's approach
- Further support and resources

[Link to Parent / Carer Helping our Children Stay Safe - Online course 2nd June @ 6-8pm](#)

Attendance

How absence from school affects children long term

| Attendance | Average earnings (aged 28) |
|------------|----------------------------|
| 99-100% | £32,200 |
| 90-98.9% | £29,800 |
| 50-89.9% | £19,500 |
| Below 50% | £10,100 |

A recent study by the **Department for Education study**, investigated the long-term impact of absence on future earnings. It highlights how students who attend school more regularly tend to earn higher salaries by the age of 28.

- **Students with nearly perfect attendance (99-100%)** earn an average of **£32,200** per year.
- **Those with attendance at 90-98.9%** earn slightly less, at **£29,800** per year.
- **Students with lower attendance (50-89.9%)** see a significant drop in earnings, averaging **£19,500** per year.
- **Students who attend less than 50% of the time** earn the least, at only **£10,100** per year.

This **Department for Education study** emphasizes the importance of regular school attendance in shaping a child's future success. Encouraging consistent attendance can have a **long-term impact** on job opportunities and financial stability later in life.

Attendance Matters

As we all know, attendance plays a huge part in our children achieving their full potential. Research has shown that pupils who performed better at the end of secondary school missed fewer days than those who didn't perform as well. **Reporting a Student Absence:** On the occasions when children are too unwell to attend school, it is the responsibility of the parent/carer to contact school as soon as possible, by **8.30am** at the latest, on **each morning of absence**.

DID YOU KNOW...?

*There are **190** teaching days in a school year. **10** days of absence = **95%** attendance; **15** days of absence = **92%** attendance. Children with **OVER 90%** attendance are more likely to achieve 5 or more Grade 4+ qualifications Children with **LESS than 85%** attendance are **unlikely** to gain 5 or more 9-5 GCSE's or equivalent qualifications.*

Student Medication

This is a gentle reminder that if your child requires an inhaler, especially now that the colder weather is here, please ensure it is in their bag or blazer so they can use it as and when required. If your child needs medication that must be kept in school, please complete a consent form – please contact school if you need one

Contact Details



Have you changed your contact details? If you have changed your home address, telephone number, email address or name, please ensure that you contact the main office to update your details so that you do not miss out on information from school. You can update your details via email: post@parkhall.org or by calling 0121 748 0400.

For Parents - How to Report Online Harm

There are so many apps with different reporting functions, organisations, helplines and more it can be really frustrating for parents to get help. Internet Matters have a useful page which details some of these organisations and what they can do, how to report specific issues, how to report on many of the social platforms and games and where to go for more help. You can see all the details [HERE](#).



Evergreen Kingshurst

Timetable

May 2026

Funded by UK Government

Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
| <p>Employment, training and digital skills support – 09:00-16:00 Support with job searching, creating, emailing and sending your CV. Drop in or call 0121 779 1724 to book an appointment.</p> <p>Stay and play – 10:00-11:30 Come and play and meet new friends. Suitable for ages 0-4 and their parents/carers. No booking required, just come along and join in the fun! Sensory play also available.</p> <p>Self-weigh baby clinic – 12:00-15:00 <i>Starting 11 May</i> Do you want to get your baby weighed but don't need to see a health visitor? Just pop in.</p> <p>Baby group – 13:00-14:30 An opportunity for new moms and dads to meet other local parents, build friendships, and play and bond with their babies. Sensory play also available. Suitable for ages 0-12 months (pre-walkers). No booking required.</p> <p>Family fun – 15:30-16:30 Play board games, do quizzes, art, table tennis and other fun activities. Parents must stay and supervise their children. Suitable for ages 4-12 years. Sensory play also available. No booking required, just come along and join in the fun!</p> | <p>Health Visitor clinic – 09:00-14:00 Booked appointments for parents and their babies and children with the Health Visiting team. Book by speaking to your Health Visitor.</p> <p>Family Support Team are available on the Family Helpline – 09:00-16:00 By calling 0121 788 4327 for parenting, family guidance, and signposting to local services, as well as advice regarding behaviour and social development.</p> <p>Adult craft and chat – 10:00-11:30 Come along and bring any craft you are currently working on. Have a chat over a cuppa and share crafty hints and tips. Some sessions may be guided. No booking required.</p> <p>Family fun – 15:30-16:30 <i>Starting 5 May</i> Play board games, do quizzes, art, table tennis and other fun activities. Parents must stay and supervise their children. Suitable for ages 4-12 years. Sensory play also available. No booking required, just come along and join in the fun!</p> | <p>Employment, training and digital skills support – 09:00-16:00 Support with job searching, creating, emailing and sending your CV. Drop in or call 0121 779 1724 to book an appointment.</p> <p>Chit and chat group – 14:00-16:00 Come along, make new friends over a cuppa. A friendly, local community group, always looking for new members. No booking required.</p> <p>Cartoon club – 15:30-16:30 Suitable for ages 4-12 years to come together to enjoy their favourite cartoons. No booking required, just drop-in!</p> | <p>NOTICE Activities will not be running on Thursday 7 May as the Hub is being used as a polling station for the local elections. More information on voting can be found on the Council website (http://bit.ly/3QvZ1xj).</p> <p>Health Visitor clinic – 09:00-14:00 Booked appointments for parents and their babies and children with the Health Visiting team. Book by speaking to your Health Visitor.</p> <p>Solihull College – 09:30-14:00 <i>Term time only</i> Provision, creative arts, journalism courses available. Book through Solihull college.</p> <p>Kingshurst striders and strollers – 10:00-12:00 <i>Fortnightly – 14 and 28 May</i> A great way to meet new people whilst keeping active. Refreshments available at the Hub after the walk.</p> <p>Women's wellbeing Hub – 14:00-15:30 <i>Fortnightly – 14 and 28 May</i> A safe supportive and empowering place for women of all different ages living in the North of Solihull.</p> | <p>Digital divide – 09:00-15:30 Support with job searching, creating, emailing and sending your CV. Drop in or call 0121 779 1724 to book an appointment. Help also with phone and computer skills.</p> <p>Midwifery team – 09:30-15:30 Community midwives that provide maternity care outside of a hospital setting.</p> <p>Stay and play – 10:00-11:30 Come and play and meet new friends. Suitable for ages 0-4 years and their parents/carers. No booking required, just come along and join in the fun. Sensory play also available.</p> <p>Computer group – 13:30-14:30 A fun, simple, and hands-on IT lesson with Chris. Free apps you should know, how to stay safe online, plus CV and interview prep. To book, call Evergreen on 0121 779 1724.</p> <p>Baby explorers – 13:30-14:30 <i>Starting 8 May</i> Bring your baby along and join in with gentle sensory play, music, arts and crafts, perfect to spark early curiosity. Suitable for ages 0-12 months (pre-walkers). No booking required.</p> |

Wellbeing and advice

Best Start in Life
Advice and support for your child's development, from pregnancy to childcare to starting school – beststartinlife.gov.uk

Health visiting
Text Chat Health on [0750 733 2563](tel:07507332563) between 09:00-16:00, Monday-Friday

Women's Aid
If you or someone you know needs support, call [0800 800 0028](tel:08008000028) between 09:15-17:15

Mental health support
Call the BSOL Mental Health NHS Foundation Trust on [0800 915 9292](tel:08009159292) or [0121 262 3555](tel:01212623555)

Midwives
Please call your midwife using the phone number in your red book.

What else can the Family Hubs offer?

Here2Help
Food, toiletries, fuel, money, and staying well, visit www.solihull.gov.uk/here2help

Stay and play area
Toys, books, and soft play

Sensory room
Available after 14:30 on Thursdays. To book, call [0121 779 1724](tel:01217791724).

Computers and private work pods
Internet and phone access

Community wardrobe
Free clothing

[42 Kingshurst Way, Kingshurst, Solihull, B37 6DX](http://42KingshurstWay.Solihull.B376DX)

Family Hubs | solihull.gov.uk
 Solihull Family Hubs
 evergreen@colebridge.org
 0121 779 1724

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| Outreach | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|----------|--------|
| <p>Shirley Heath Junior School, Coombe Road, B90 3DS</p> | <p>Health visitor clinic – 09:00-13:00 <i>Term time only</i> Developmental reviews with the health visiting team. If your child is due a developmental review, you will receive an appointment from your health visitor to attend.</p> | <p>Positive Birthing and Beyond – 10:00-11:30 <i>Term time only</i> A friendly coffee morning with tummy time and baby massage sessions. Suitable for expectant mothers (and their partners) and those with little ones under 1 years old. Meet the team and other local parents.</p> <p>Ordinary Magic – 16:00-18:00 <i>Term time only</i> A friendly group for girls with Autism. For more information, email jackie@ordinarymagic.co.uk.</p> | <p>Fit Mamas – 09:30-11:30 <i>Term time only</i> Bring your little ones with you to join in with some gentle postnatal exercise classes for all levels of fitness. Two one-hour sessions starting at 09:30 and 10:30. £3 per session. To book, contact 0738 031 4463.</p> | | |
| <p>Meriden CofE Primary School, Fillongley Road, Meriden, CV7 7LW</p> | | | <p>Health visitor clinic – 13:30-17:00 <i>Term time only</i> Developmental reviews with the health visiting team. If your child is due a developmental review, you will receive an appointment from your health visitor to attend.</p> | | |

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[Solihull Family Hubs](#)
familyhubs@solihull.gov.uk
[0121 704 6017](tel:0121 704 6017)

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| <p>Self-weigh well baby clinic – 09:00-12:00 <i>Every Monday</i> Do you want to get your baby weighed but don't need to see a health visitor? Come along, no appointment necessary. Any questions or concerns, contact ChatHealth text service on 0750 733 2563</p> <p>Women's community drop-in – 09:00-13:00 <i>23 May</i> Providing confidential emotional and practical support. Runs the last Monday of every month.</p> <p>Marvellous Makers – 10:00-12:00 <i>Every Monday</i> Weekly stay and play session suitable for birth onwards. Come and join us for arts and crafts activities, use of the sensory room, and lots of play. No booking required, just drop-in. Siblings welcome.</p> | <p>Solihull Community Housing – 09:30-11:30 <i>Every Tuesday</i> Information and advice on housing issues. No appointment required, just drop-in.</p> <p>Super SEN CIC and Food for Thought – 09:30-12:00 <i>19 May</i> Drop-in session for parents to seek advice and support for children or themselves as adults with ADHD and/or Autism. This session includes a live cooking and wellbeing demonstration exploring how simple foods can support mood, focus and wellbeing.</p> <p>Community wardrobe exchange – 09:30-13:00 <i>5 May</i> Adult and children's clothing will be available along with other items, refreshments and a clothing repair workshop. All items are free but please bring a bag. No booking required. Delivered by The Uplift Initiative CIC.</p> <p>Mama and mini fitness – 10:00-11:00 <i>Term time only</i> Bring your little ones with you to join relaxed, fun and inclusive exercise class suitable for all levels. £3 per session. To book, message Kayleigh on 0738 031 4463.</p> <p>FREE bike check and security marking – 10:30-14:30 <i>26 May</i> Plus FREE puncture repair patches and tyre levels. Suitable for all Solihull residents. No need to book, just roll up!</p> | <p>Solihull College digital skills – 09:00-11:00 <i>Term time only</i> Free 10-week course with a friendly tutor to learn new computer skills. Suitable for beginners. To book, speak to Family Hub staff.</p> <p>Social prescribing drop in – 09:30-12:00 <i>27 May</i> Join us for a chat with our friendly Social Prescribers who are here to provide help and guidance around topics such as debt and finances, social isolations, carers support, community and lifestyle information and employment.</p> <p>Uplift Initiative wellness walk – 10:00-12:00 <i>Every Wednesday</i> Join us for a gentle walk, good conversation and a cosy cuppa afterwards (and cake!) Meet at the Family Hub for 10am. For more information, email or call Tammy on theuplift.org@gmail.com.</p> <p>Anxiety management support group for adults – 11:00-13:00 <i>Every Wednesday</i> Weekly anxiety support group open for age 18 and above. Delivered by Reimagine Me CIC. For more information, email or call Michelle on info@reimaginecic.org or 0755 389 9373.</p> | <p>NOTICE Activities will not be running on Thursday 7 May as the Hub is being used as a polling station for the local elections. More information on voting can be found on the Council website (http://bit.ly/3QvJZtx).</p> <p>Solihull SENDIAS – 09:30-11:30 <i>28 May</i> If you have a child with Special Educational Needs (SEN) and would like free and impartial information and advice, SENDIAS can advise about SEN processes relating to support in schools, Education, Health and Care Plans (EHCPs), and more.</p> <p>New parent drop-in session – 11:15-12:00 <i>Every Thursday</i> Drop-in to meet other new parents, get advice and enjoy relaxing with your little ones. For more information email michelle.mervon@ordinarymagic.co.uk or speak to Hub staff.</p> <p>Musical explorers' early years session – 11:30-12:00 <i>Every Thursday</i> FREE, fun, drop-in music sessions followed by a relaxed stay and play. Suitable for ages 0-5. Delivered by Solihull Music. Siblings welcome.</p> | <p>Moo Music stay and play Mixed moo – 09:30-10:05 Baby moo – 10:30-11:05 New weekly group offering a structured musical sensory session for under 5's. £3 per session. To book, call Kally at 0725 023 4194 or email kally.moo.music@gmail.com.</p> <p>'My time to play' guide dogs group – 09:30-11:30 <i>8 and 22 May</i> My Time to Play is a fun and supportive group for children with a visual impairment and their families led by Habilitation Specialists. For more information, email information@quidedogs.org.uk</p> |

37 Burtons Way, Smith's Wood, Solihull, B36 0UG

Download the Solihull Family Hubs app!

Discover upcoming events, useful links, Hub details, and more. Now available in 20 languages on the Apple [App Store](#) and Android [Google Play Store](#)

Family Hubs | solihull.gov.uk
[Solihull Family Hubs](#)
elmwoodfh@solihull.gov.uk
[0121 779 1700](tel:0121 779 1700)

| Afternoon | | | | |
|---|--|--|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| <p>First aid course for beginners – 12:00-15:00 11 May Give yourself the skills to step up when it matters. The course will also cover paediatric first aid. This is session one of two and both must be attended. To book, email community.projects@solihull.ac.uk</p> <p>Health in the hearts of our community – 13:00-15:00 Every Monday Help and advice around weight management, smoking, physical activity and much more. Speak to a member of staff at Elmwood to make an appointment.</p> <p>Boys Autism group – 16:00-18:00 Term time only Run by Ordinary Magic for boys with Autism. To book or find out more, email michelle@ordinarymagic.co.uk.</p> | <p>EPAS attendance support drop-in – 11:30-13:30 Every Tuesday The Education Participation Advisory Service (EPAS) offer advice, support and guidance about school attendance. No appointment required, please pop in to see the team.</p> <p>First aid course for beginners – 12:00-15:00 12 May Give yourself the skills to step up when it matters. The course will also cover paediatric first aid. This is session two of two and both must be attended. Please email community.projects@solihull.ac.uk</p> <p>Family support drop-in – 13:00-16:00 Every Tuesday Confidential advice and support to help you make positive changes. Includes a range of advice and guidance about difficult relationships at home, parenting, behaviour management, routines, boundaries, child development, bed wetting, sleep problems, school issues, and more.</p> | <p>Uplift Initiative sewing group – 13:30-15:30 Every Wednesday New sewing group – come along to work on repairs, projects and embroidery. No experience or skill level required. Good conversation and a cosy cuppa available. For more information, email or call Tammy on theuplift.org@gmail.com.</p> <p>Little Brum Youth Theatre group – 17:30-18:30 Every Wednesday Big Brum Theatre in Education is launching a youth theatre for all year 6 children in Solihull. They recently visited local schools to tell the story of 'The Little Red Cap', sparking their imaginations and passion for performative theatre. To sign up or to find out more, email katie@bigbrum.org.uk.</p> | <p>Smokefree Solihull clinic – 13:00-15:00 Every Thursday Stop smoking support and advice. To book, pop in for a chat or book on smokefree.solihull.co.uk.</p> <p>After-school craft club – 15:30-16:30 Term time only Get creative and join the crafting fun! Come along to this free after school arts and crafts group for parents and children, delivered by Solihull College.</p> <p>Solihull Music – 16:00-18:00 Term time only After school guitar sessions at Elmwood Family Hub! Register your interest here: www.solihullmusic.org/our-family-offer.</p> <p>Umbrella sexual health service – 15:00-17:00 14 and 21 May Community sexual health worker, Michelle will be visiting to promote Umbrella sexual health service providers local to Elmwood Family Hub. You'll have the opportunity to take away FREE condoms and STI self-testing kits.</p> | <p>Solihull College sensory play – 12:30-14:30 Term time only New ideas for activities to engage your children with an understanding of how to support your child's learning through sensory activities and play. FREE for Solihull residents. To book, email jessica.orton@solihull.ac.uk or speak to Hub staff.</p> |

Wellbeing and advice

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What else can the Family Hubs offer?

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Stay and play area
Toys, books, and soft play

Sensory room
To book, call [0121 779 1700](tel:01217791700)

Computers and private work pods
Internet and phone access

Community wardrobe
Free clothing

Family Hubs | solihull.gov.uk Solihull Family Hubs elmwoodfh@solihull.gov.uk 0121 779 1700

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| Morning | | | | |
|---|---|---|--|---|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| <p>Self-weigh baby clinic – 09:00-17:00 Do you want to get your baby weighed but don't need to see a health visitor? Come along, no appointment necessary. Any questions or concerns, text ChatHealth on 0750 733 2563 (Mon-Fri, 09:00-16:00) to receive a response from a health visitor within 24 hours.</p> <p>Fit Mama's exercise class – 09:30-11:00 Term time only Bring your little ones with you to join in with a gentle postnatal exercise class. £3 per session. To book, message Kayleigh on 0738 031 4463.</p> <p>Lactation consultant clinic – 09:30-13:00 An NHS service to help you with any infant feeding challenges you may be facing, including tongue-tie assessment and referral. Speak to your midwife, health visitor, or GP for referral to the Infant Feeding Team. By appointment only.</p> <p>Bradley's Promise information hub – 10:00-14:30 25 May Are you a family member/carer of a young person aged between 16 – 25 years old with a life-limited condition of Duchenne Muscular Dystrophy or similar, in need of support or advice? Come along to our drop in. For more information contact Sarah Green on 07866 806672 or visit www.bradleyspromise.co.uk</p> <p>Infant feeding support group – 10:30-12:00 An NHS service to help you with any infant feeding queries or challenges you may be facing. Or simply come along for the social aspect – to meet other mums and get a hot cup of tea! Book at https://linktree.com/solihull</p> | <p>Newborn hearing screening clinic – 09:00-14:00 Booked appointments with the NHS Hearing Screening Team.</p> <p>Health Visitor clinic – 09:00-17:00 Booked appointments with the health visiting team. Book by speaking to your Health Visitor.</p> <p>Super SEN CIC – 09:30-12:00 12 May Drop-in session for parents to seek advice and support for children or themselves as adults with ADHD and/or Autism.</p> | <p>Self-weigh baby clinic – 09:00-17:00 Do you want to get your baby weighed but don't need to see a health visitor? Come along, no appointment necessary. Any questions or concerns, text ChatHealth on 0750 733 2563 (Mon-Fri, 09:00-16:00) to receive a response from a health visitor within 24 hours.</p> <p>Midwife clinic – 09:00-17:00 Booked appointments with the midwifery team. Book by speaking to your midwife.</p> <p>Safe Space Solihull SEN support group – 10:00-12:00 27 May Safe Space is a parent-run support group for parents in Solihull to have a friendly chat with people who can help with family life, schooling, and more. Homemade cakes and hot drinks available. Moms, Dads, Grandparents – all welcome. No need to book, just drop-in.</p> | <p>NOTICE Activities will not be running on Thursday 7 May as the Hub is being used as a polling station for the local elections. More information on voting can be found on the Council website (http://bit.ly/3Qv71ty).</p> <p>Health Visitor clinic – 09:00-12:00 Booked appointments with the health visiting team. Book by speaking to your Health Visitor.</p> <p>Newborn hearing screening clinic – 09:00-14:00 Booked appointments with the NHS Hearing Screening Team.</p> <p>Little Owls group – 09:30-12:00 Term time only By referral only.</p> | <p>Family Support Service drop-in – 09:00-12:00 Visit the Family Support Team for assistance with family needs such as parenting and additional support. No need to book, just drop-in.</p> <p>Midwife clinic – 09:00-17:00 Booked appointments with the midwifery team. Book by speaking to your midwife.</p> <p>Solihull College sensory play – 09:30-12:00 Term time only Develop some new ideas for activities to engage your children with and to gain an understanding of how to support your child's development and learning through sensory play. To book, call Solihull College on 0121 678 7000 or via Hub reception.</p> <p>Solihull College Conversation Club – 09:30-12:00 Term time only Develop your English speaking, reading and writing skills, and improve your confidence with an ESOL course. To book, call Solihull College on 0121 678 7000 or Hub reception.</p> |

Download the Solihull Family Hubs app!

Discover upcoming events, useful links, Hub details, and more. Now available in 20 languages on the Apple [App Store](https://apps.apple.com/gb/app/solihull-family-hubs/id1548111111) and Android [Google Play Store](https://play.google.com/store/apps/details?id=org.solihullfamilyhubs)

Hatchford Brook, Old Lode Lane, Solihull, B92 8JE

Family Hubs | solihull.gov.uk Solihull Family Hubs hatchfordbrookfh@solihull.gov.uk 0121 704 6943

| Afternoon | | | | |
|---|---|--|---|---|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| <p>Blossom and Belong – 13:00-15:00 <i>Term time only</i> An inclusive craft group for anxious girls aged 11-18 to socialise in a safe space. Parents and carers must stay. Session costs £2 per child in cash. To book, email blossomandbelongcic@gmail.com.</p> <p>Health Visitor clinic – 13:00-16:00 Booked appointments with the health visiting team. Book by speaking to your health visitor.</p> <p>Winnr Sports youth club – 17:30-19:00 <i>Term time only</i> A youth club for children aged 7-12 for kids to socialise, explore their interests, and participate in a variety of activities. Book by visiting www.winnrsport.com or emailing info@winnrsport.com.</p> | <p>PCSO drop in – 13:00 - 15:00 <i>5 May</i> A Police Community Support Officer (PCSO) will be available at the Family Hub for informal drop-in sessions. Come along for a friendly chat, community advice, or to raise any local concerns in a safe and supportive environment.</p> <p>Stay and play – 13:15-14:45 <i>Term time only</i> Due to the popularity of the stay and play, there is currently a waiting list for this group. If you are not already registered, pop along to the Hub to complete a registration form and you will be contacted when a space is available.</p> <p>Ordinary Magic Sports academy – 17:30-20:15 <i>Term time only</i> Inclusive Sports session for children and young people. To book, call 0274 371 3161 or email eva@inclusiveportsacademy.org.</p> | <p>Blossom and Belong cooking class – 13:30-15:00 <i>Term time only</i> A cooking class for children aged 11-16 years who are home-educated. Learn a new culinary skill, develop independence in the kitchen, and explore foods from around the world. Each course will last 12 weeks and will have 8 spaces. Priority will be given to children who are known to the Connected Care Network, but all children and young people are welcome. To book, email blossomandbelongcic@gmail.com.</p> <p>Blossom and Belong – 17:00-19:00 <i>Term time only</i> An inclusive craft group for anxious girls aged 11-18 to socialise in a safe space. Parents and carers must stay. Session costs £2 per child in cash. To book, email blossomandbelongcic@gmail.com.</p> | <p>We are closed to the public on Thursday from 12:00-17:00.</p> <p>Early Intervention Service – 12:00-16:00 By referral only. Led by Birmingham and Solihull Mental Health NHS Foundation.</p> <p>Bradley's Promise Social Group – 16:00-20:00 <i>28 May</i> For young people aged 16-25 living with life-limiting conditions such as Duchenne Muscular Dystrophy and similar conditions. Come along, have fun, and make new memories! We can't wait to welcome you! For more information contact Sarah Green on 07866 806672 or visit www.bradleyspromise.co.uk</p> | <p>Fif Mama's exercise class – 12:00-14:00 <i>Term time only</i> Bring your little ones with you to join in with a gentle postnatal exercise class. £3 per session. To book, message Kayleigh on 0738 031 4463.</p> <p>Talking Therapies – 12:00-15:30 By referral only.</p> <p>Crochet club – 13:00-15:00 Are you interested in learning to crochet or are you a crochet master? Please bring along a ball of yarn and a hook. No need to book, just drop in!</p> <p>Early Years music sessions – 14:00-14:30 Free, fun music sessions for children aged 0-5 delivered by Solihull Music. Book via the form or pop-in on the day!</p> <p>Signpost Inclusion – 17:30-21:45 <i>Term time only</i> A charity that provides SEND clubs to children, young people, and families. For more information, email wickledawkin@signpostinclusion.org.uk.</p> |

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Internet and phone access

Community wardrobe
Free clothing

Family Hubs | solihull.gov.uk Solihull Family Hubs hatchfordbrookfh@solihull.gov.uk 0121 704 6943

Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

| Morning | | | | |
|--|--|--|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| <p>Health Visitor clinic – 09:00-16:00 <i>Every week</i> Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.</p> <p>Midwife clinic – 09:00-16:00 <i>Every week</i> Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p>SEND coffee morning – 09:30-11:30 <i>NEW Term time only</i> Come along for a friendly, informal chat with other parents who get it. Share experiences, ask questions, and connect with a member of Solihull College who brings extensive professional experience supporting Early Years children with SEND, has lived experience as a parent of a child with SEND, and can provide practical ideas and supportive conversation. No need to book, just drop-in!</p> | <p>Women's community drop-in – 09:00-13:00 <i>First Tuesday of every month – 5 May</i> Emotional, practical, and signposting support for women. To find out more, call 0121 722 2142.</p> <p>Health Visitor clinic – 09:00-16:00 <i>Every week</i> Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.</p> <p>Midwife clinic – 09:00-16:00 <i>Every week</i> Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p>SENDIAS – 09:30-11:30 <i>Second Tuesday of every month – 12 May</i> Drop-in session to provide information, advice, and support to parents of children and young people with special educational needs and disabilities. For more information, call 0121 516 5173.</p> <p>Super SEN CIC – 09:30-12:00 <i>5 May</i> Drop-in session for parents to seek advice and support for children or themselves as adults with ADHD and/or Autism. Joined by Aaron from Food For Thought CIC for a cooking demonstration.</p> <p>Solihull Lifestyle Service – 09:30-13:00 <i>Fortnightly – 5 and 19 May</i> Free lifestyle checks such as height, weight, BMI, blood pressure, and atrial fibrillation readings, including a free 12-week weight management course. For more information, call 0800 599 9880 or drop-in to see one of our advisors.</p> <p>The Uplift community wardrobe exchange – 09:30-13:00 <i>26 May</i> Pop into this fabulous community event, no prebooking required. Adult and children's clothing will be available along with other items, refreshments and a clothing repair area. All items are free but please bring a bag. Delivered by The Uplift Initiative CIC.</p> | <p>Self-weigh well baby clinic – 09:00-12:00 <i>Every week</i> Do you want to get your baby weighed but don't need to see a health visitor? Come along, no appointment necessary. Any questions or concerns, contact ChatHealth text service on 0750 733 2563 (Mon-Fri, 09:00-16:00) to receive a response from a health visitor within 24 hours.</p> <p>Health Visitor clinic – 09:00-17:00 <i>Every week</i> Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.</p> <p>Stay and play – 09:30-11:00 <i>6, 13, and 20 May</i> Come and join in with our FREE stay and play. Fun and engaging activities for toddlers aged 0-4 years. No need to book, just drop-in. Term time only.</p> <p>Solihull College adult maths – 09:30-12:00 <i>Term time only</i> To book, email katrina.griffin-jones@solihull.ac.uk.</p> | <p>Health Visitor clinic – 09:00-12:00 <i>Every week</i> Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.</p> <p>Positive Birthing and Beyond pregnancy support – 09:00-12:00 <i>Every week</i> Baby massage or Tummy Time for four weeks. To book, visit Eventbrite or email info@positivebirthingandbeyond.org.uk.</p> <p>Midwife clinic – 09:00-16:00 <i>Every week</i> Booked appointments for parents and their children with the midwifery team. Book by speaking to your midwife.</p> <p>Wellness breakfast and walk – 09:30-11:00 <i>Every week</i> Join Naomi for breakfast and play, plus a light walk and a chat around the local area (weather permitting!). No booking required.</p> <p>Solihull Community Housing (SCH) – 10:00-12:00 <i>Every week</i> Information and advice drop-in about community housing. The SCH customer contact centre is available between 09:00-17:00, Mon-Fri, on 0121 717 1515.</p> | <p>Health Visitor clinic – 09:00-12:00 <i>Every week</i> Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.</p> <p>Musical explorers Music session – 10:00-10:30 Play session – 10:30-11:00 <i>Every week</i> Drop-in music and play session for younger children and their parents or carers.</p> <p>Kinship coffee morning group – 10:00-11:30 <i>First Friday of every month – 1 May</i> Peer support group for carers to meet, listen, and support those in similar circumstances. Suitable for adults. To attend, email or call Lisa on lisa.wesbey@kinship.org.uk or 0735 503 5996.</p> |

Download the Solihull Family Hubs app!

Discover upcoming events, useful links, Hub details, and more. Now available in 20 languages on the Apple [App Store](https://apps.apple.com) and Android [Google Play Store](https://play.google.com)

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| Afternoon | | | | |
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| Monday | Tuesday | Wednesday | Thursday | Friday |
| <p>Solihull College conversation club – 13:00-15:00 Term time only Do you want to improve your spoken English skills? Join our friendly ESOL (English for Speakers of Other Languages) conversation club, focusing on grammar.</p> <p>Young people's online citizen project survey – 16:00-18:00 Term time only Are you aged 13-19 and want to be internet citizens? Come along and get involved. No need to book, just drop-in.</p> | <p>We Care UK food pantry van – 11:00-12:30 12 May Come and collect £25 worth of fresh food for £2. Located in the car park. Sign up here: https://form.jotform.com/253191775948068</p> <p>Parent education – 12:00-16:00 First Tuesday of every month – 5 May Session ran by the young parent midwifery team from University Hospital Birmingham. Book by speaking to your midwife.</p> <p>Super sensory seekers – 12:30-14:00 5 May SEND stay and play run by Super SEN CIC.</p> | <p>Riverside poster competition – 10:00-12:00 Half term 27 May Water-themed poster competition for little ones and their families, plus fresh fruit skewers! Includes summer safety tips from North Solihull Sports Centre. No booking required, just pop in.</p> <p>FREE bike check and security marking – 10:30-14:30 27 May Plus FREE puncture repair patches and tyre levels. Suitable for all Solihull residents. No need to book, just roll up!</p> <p>Breastfeeding café – 12:00-13:30 Every week An NHS service that offers breastfeeding cafés run by trained peer supporters who can help you with any infant feeding queries or challenges you are facing. To book, visit https://linktr.ee/SolihullIFT.</p> | <p>Yums club – 12:00-14:30 Every week Yums club is a weekly support and information group suitable for teenage and young mums age 20 and under. Drop-in or call/ text Jennie on 0786 736 1723.</p> <p>Moo Music stay and play 14 and 21 May Mixed moo's – 12:00-13:30 Baby moo – 14:00-14:30 £3 per session. To book, call Kally at 0795 093 4194 or email kally.moo.music@gmail.com.</p> <p>Family support drop-in – 13:00-16:00 Every week Confidential advice and support to help you make positive changes. Includes a range of advice and guidance about difficult relationships at home, parenting, behaviour management, routines, boundaries, child development, bed wetting, sleep problems, school issues, and more.</p> <p>Super SEN CIC family group – 17:00-18:30 Fortnightly – 28 May Activities including board and card games, clay arts and crafts, darts, gaming, sensory room access, and giant Tetris! Suitable for children and young people accompanied by their parent or carer. No booking required. For more info, email supersencic@gmail.com.</p> <p>Super SEN CIC LGBTQ+ youth group – 17:00-19:00 21 May Fun, support, and signposting for LGBTQ+ young people and their families in an inclusive environment. To book or find out more, email supersencic@gmail.com.</p> | <p>Family Nurse Partnership young parents stay and play – 13:00-15:00 First Friday of every month – 1 May All young parents and their babies or pre-school children welcome. No booking required. For more information, call Emily Bell, (Health Visitor) on 0781 336 2911.</p> <p>After-school art club run by Solihull College – 14:30-15:30 Term time only Join us at Riverside to complete a new art activity every week. No booking required.</p> |

Wellbeing and advice

Best Start in Life
Advice and support for your child's development, from pregnancy to childcare to starting school - beststartinlife.gov.uk

Health visiting
Text Chat Health on 0750 733 2563 between 09:00-16:00, Monday-Friday

Women's Aid
If you or someone you know needs support, call 0808 800 0028 between 09:15-17:15

Mental health support
Call the BSOL Mental Health NHS Foundation Trust on 0800 915 9292 or 0121 262 3555

Midwives
Please call your midwife using the phone number in your red book.

What else can the Family Hubs offer?

Here2Help
Food, toiletries, fuel, money, and staying well, visit www.solihull.gov.uk/here2help

Stay and play area
Toys, books, and soft play

Sensory room
To book, call 0121 779 1750

Computers and private work pods
Internet and phone access

Community wardrobe
Free clothing

289 Bosworth Drive, Chelmsley Wood, B37 5DP

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Work Experience For 14 – 18 year olds!

Are you interested in building your CV before summer and want to have a say on issues that genuinely impact you?

Solihull Council have partnered with Warwick University to be able to offer two cohorts of five day placements, for any young person who lives or goes to school in Solihull Borough.

**Dates: 29th June to 3rd July (Youth Unemployment Project)
20th July to 24th July (North Solihull Youth Offer)**

Times: 10am to 2:30pm each day

Work experience details:

- Develop peer research and consultation plan
- Work in the community asking people's views and opinions
- Bring findings together and present them to the team.
- Q&A with Directors, Head of Service and Council Officers to find out about their role.
- Session from a Professor of Warwick University on Peer Research
- Meet new people, have fun and then have the chance to join the Youth Voice Network.

Scan to find out more

Please email youthoffer@solihull.gov.uk to find out more and book a space. Limited spaces available so sign up ASAP.