

KS3 PLANNING JOURNEY

AC	Date	Lesson	YEAR 7	YEAR 8	YEAR 9
Assessment Cycle 2	Wb: 17 th July	38	World Culture/ Careers	World Culture/ Careers	World Culture/ Careers
	Wb:10 th July	37	Male Focus	Female Focus	Media and Eating Disorders
	Wb:3 rd July	36	Access to Education	Human Rights - UNICEF	Homelessness
	Wb:26 th June	35	Environment	Sustainability	Pollution and Plastic
	Wb:19 th June	34	Hate Crime	International Women's Day	Multiculturalism
	Wb:12 th June	33	Radicalisation	Preventing Extremism	Dangers of Cults
	Wb:5 th June	32	Dangers of Cults	Self-harm	Grief and Bereavement
	Wb:29 th May	Half Term			
	Wb:22 nd May	31	Emotional Literacy	Domestic Conflict	Self-Image
	Wb:15 th May	30	DIRT WEEK	DIRT WEEK	DIRT WEEK
	Wb:8 th May	29	Acid Attacks	Knife Crime	Young Offenders and the Law
	Wb:1 st May	28	National Insurance and Tax	Savings, Loans and Interest	Gambling and Online Gambling
	Wb:24 th April	27	Resilience	Behaving to Achieve	Coping with Stress
	Wb:17 th April	26	Entrepreneurs	Workplace Skills	Choosing your Career
	Wb 3 rd - 10 th April	Easter Holidays			
	Wb:27 th March	25	Cancer Awareness	Personal Safety and First Aid	Vaccinations and Organ Donation
	Wb:20 th March	24	Food Groups	Labels and Nutrition	Unhealthy Lifestyle
	Wb:13 th March	23	Periods	Safe Sex: Contraception	Safe Sex: Consent
	Wb:6 th March	22	Financial Products	Tax	Consumer Rights
	Wb: 27 th Feb	21	Falling in Love	Teen Pregnancy and Parenting	Child Sexual Exploitation
Wb:20 th Feb	Half-Term				
Assessment Cycle 1	Wb: 13 th Feb	20	DIRT WEEK	DIRT WEEK	DIRT WEEK
	Wb:6 th Feb	19	Depression	Mindfulness	Anxiety
	Wb:30 th Jan	18	Sexting and Image Sharing	Dangers of Pornography	Revenge Porn
	Wb:23 rd Jan	17	Social Media	Online Grooming	Screen Time
	Wb:16 th Jan	16	Immigration and Ancestry	Tolerance and Anti-racism	Community Cohesion
	Wb:9 th Jan	15	Self esteem	Self-confidence and Goals	Growth Mindset
	Wb:2 nd Jan	14	Keeping Good Friendships	Positive Relationships	Forced and Arranged Marriages
	Wb: 19 th and 26 th Dec	Christmas Holidays			
	Wb:12 th Dec	13	Family relationships	Domestic Violence	Role Models
	Wb:5 th Dec	12	Anger Management	Stereotyping: Disability Focus	Stereotyping: Teens and the Media
	Wb:28 th Nov	11	Racism	Religious Prejudice	Discrimination
	Wb:21 st Nov	10	Budgets	Credit and Debt	Avoiding Debt
	Wb:14 th Nov	9	Cyberbullying	Bullying or Banter	Peer Pressure
	Wb:7 th Nov	8	How can we shop ethically	Sending Aid - Human Rights	Living Sustainably
	Wb:31 st Oct	7	Puberty	FGM	Safe Sex
	Wb:24 th Oct	Half-Term			
	Wb:17 th Oct	6	Energy Drinks	Vaping	Tattoos and Piercings
	Wb: 10 th Oct	5	Smoking	Drugs - Class A, B and C	Drugs and the Law
	Wb: 3 rd Oct	4	Communication Skills	Teamwork Skills	Employability
	Wb:26 th Sept	3	Homophobia (LGBT+)	LGBT+ Community	Same-sex Relationships
Wb: 19 th Sept	2	Personal Identity	British Community	Criminal Justice System	
Wb:12 th Sept	1	Aspirations	Personal Development	Behaving to Achieve	
Wb:5 th Sept	0	What is PSHE?	What is PSHE?	What is PSHE?	
AC	Date	Lesson	YEAR 7	YEAR 8	YEAR 9

KS4 PLANNING JOURNEY



AC	Date	Lesson	Year 10	Year 11
Assessment Cycle 2	Wb:17 th July	20	World Culture/ Careers	Study Leave
	Wb:3 rd July and Wb: 10 th July	19	Obesity and Body Positivity	Study Leave
	Wb:19 th June and Wb:26 th June	18	Animal Rights	Study Leave
	Wb:5 th June and Wb:12 th June	17	Human Trafficking	Right-wing Extremism
	Wb: 29 th May	Half-Term		
	Wb: 15 th May and 22 nd May	16	Fake News	Risk
	Wb:1 st May and wb:8 th May	15	Anti-social Behaviour	Crime, gangs and County Lines
	Wb:17 th April and Wb: 24 th April	14	Study Skills	Independent Living
	Wb:3 rd and 10 th April	Easter Holidays		
	Wb:27 th March	13	The Importance of Sleep	CPR and First Aid
	Wb: 13 th March and Wb:20 th March	12	What is Good Sex	Safe Sex and Chem Sex
	Wb: 27 th Feb and Wb: 6 th March	11	Parenting	Types of Relationships
	Wb:20 th Feb	Half-Term		
	Assessment Cycle 1	WB:13 th Feb		DIRT WEEK
Wb: 30 th Jan and Wb: 6 th Feb		10	Managing Anxiety	Influence of social media
Wb:16 th Jan and Wb:23 rd Jan		9	Digital Footprints	The Dark Web
Wb:2 nd Jan and Wb:9 th Jan		8	Self-discipline	Study Skills
Wb: 19 th and 26 th Dec		Christmas Holidays		
Wb: 12 th Dec		7	Harassment and Stalking	Relationships Break-ups
Wb:28 th Nov and Wb:5 th Dec		6	Overt and Covert Racism	Sexism and Gender Prejudice
Wb:14 th Nov and Wb:21 st Nov		5	Conflict Management	Happiness and Positivity
Wb:31 st Oct and Wb:7 th Nov		4	Fertility and Reproductive Health	Consent, rape and sexual abuse
Wb:24 th Oct		Half-Term		
Wb:10 th Oct and Wb:17 th Oct		3	Alcohol Awareness	Binge Drinking
Wb: 26 th Sept and wb:3 rd Oct		2	Gender and Trans Identity	Gender and Trans Identity
Wb:12 th Sept and wb:19 th Sept		1	Managing Time	Perseverance and Procrastination
WB:5 th Sept		0	What is PSHE	What is PSHE
AC	Date	Lesson	Year 10	Year 11