



PARK HALL  
ACADEMY

# Park Hall Academy

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## Park Hall Academy's Hard Work Hall of Fame

- Hollie Warren (Year 7 – Textiles)
- Jess Kilroy (Year 7 – Art)
- Erin Mole (Year 7 – Art)
- D'Arcy O'Brien (Year 7 – Art)
- Grace Green (Year 7 – Art)
- Harley Byrne (Year 8 – English)
- Alfie Hawes (Year 8 – Food)
- Joe Jefferey (Year 8 – Food)
- Priya Sandhu (Year 8 – Textiles)
- Yusuf Adballa (Year 9 – English)
- Bushra Akhtar (Year 9 – Science)
- Taylor Dodd (Year 9 – Science)
- Georgia Rose Bowen (Year 9 – PA)
- Shayma Harbouli (Year 9 – PA)
- Grace Bithell (Year 9 – Textiles)
- Aiden Ryley (Year 10 – English)
- Alice Heath (Year 10 - History)
- Scarlett Phillips (Year 10 - History)
- Elvy Ratcliffe (Year 10 - History)
- Libby Harrold (Year 10 - History)
- Millie Norman (Year 10 - History)
- Liam Peers (Year 10 - History)
- Cameron Neish (Year 10 – History)
- Renae Gardner (Year 12 – English)
- Ty Jarrett (Year 12 – First Aid Course)
- Quanna Ashwood (Year 12)

## SPECIAL MENTION



A massive thankyou to the Banks' family, who have put together a table of essential food and resource for families in their neighbourhood. They are providing the local community with the basic essentials if they have nothing! Keep it going guys!

Is there anyone we should **BIG UP** and give a **Special Mention** to? Are you doing something amazing right now? Let us know! Email your Form Tutor or Miss Bartlett at [cbartlett@parkhall.org](mailto:cbartlett@parkhall.org)

Being stuck inside all day can be frustrating (but remember it won't last forever). One way you can help yourself is to read. Reading isn't just good for your mind, it's a brilliant way to relax and unwind. Whilst we are meant to be avoiding busy places at the minute, there are plenty of free books online. Have a look at our recommendations below...

**A Monster Calls** by Patrick Ness – The plot centres around Conor, a teenager who has the same dream, or nightmare, every night. But this time, when he wakes up, there's an otherworldly creature from his dream, right outside his window. The creature demands on thing... the truth about everything.

**Skellig** by David Almond – When a move to a new house coincides with his baby sisters' illness, Michael's world seems suddenly alone and uncertain. But one Sunday afternoon, he stumbles into something magical in the garage of his new home. A strange creature, part owl, part angel. But, it needs Michael's help if he is to survive. With his new friend Mina, Michael nourishes Skellig back to health,



## Join Us in OUR Very Own Weekly Challenge

Each week, we will set you tasks to do, as a challenge. Can you do it all? Can you do more? This will range from physical challenges, to mental challenges.

Record what you can do each week. We may even repeat this, so you can see how well you do week on week.

### Week 6:

#### Current Affairs

It is easy to get caught up in the news, and the constant stories of Covid-19 cases.

This week, try watching or listening to the news (whether on TV, the radio or online) and find a 'good' news story every day. Share this with your family.

Although we are living in a tough time at the minute, there are good stories out there, nice things are still happening.

**So, this week, I challenge you to find them!**

## Park Hall Academy's Top Readers This Week

**DRUM ROLL PLEASE..... WE HAVE NEW NAMES ADDED TO THIS WEEKS LIST!**

**Well done to the following students for reading the most this week! Can you make it in our Top 15 next week?**

Student	Word Count
Timothy Jarvis	578,173
Oliver Martin	365,542
Lillianne Wilkes	190,858
Jessica Bell	98,281
Jack Deakin	80,431
Connor Parry-Hawkins	64,215
Alfie Hawes	25,878
Luvleen Purewal	24,099
Alfie Hipkins	11,963
D'Arcy O'Brien	4,255

Have you seen this? <https://www.wizardingworld.com/chapters/reading-the-boy-who-lived> it's free reading of Harry Potter chapter by chapter with challenges, further reading and guidance. You can even make your own Hogwarts passports and listen to the whole book for free! If you don't have the time to read, then you can download it on Spotify to listen to!



## Mental Health Awareness Week

Hosted by the Mental Health Foundation, Mental Health Awareness Week will take place from 18-24 May 2020. The theme is kindness.



## Why kindness?

**One thing that we have seen all over the world is that kindness is prevailing in uncertain times.**

Next week is Mental Health Awareness Week. This years theme is **KINDNESS**.

**Can you create a poster to showcase this years' theme?**

Tag us in your social media, or send them to [cbartlett@parkhall.org](mailto:cbartlett@parkhall.org) to feature in next week's newsletter or on the schools social media!

Go follow [@ParkHallAcademy Twitter](#) and [@citizenshippha Instagram](#) for daily reminders of how to keep your mental health as good as your physical health.



**Let's Bake!** Hi everyone, it is Mrs. Salter here from the Park Hall Food Department, wishing you all good health in these unprecedented times. Well done to everyone who had ago at the Lemon Tart last week there were some fantastic results. This weekend was a weekend of Indian cooking, and one of the recipes I cooked was Masala Potatoes which I served with a roast chicken that I marinated in a Tikka Marinade. These potatoes worked really well with the dish and made for an Indian inspired Sunday roast.

### **INGREDIENTS**

- 500g potatoes cut into 3cm chunks
- 3 tbsp sunflower oil
- 1 tsp cumin seeds or 1 tsp ground cumin
- 1 tsp mustard seeds
- 1 onion Finely sliced
- 1 Chilli finely chopped
- 1/4tsp turmeric
- 1tsp ground coriander
- 1tsp salt
- 4 tsp lemon juice
- hand full fresh coriander

**EQUIPMENT:** GREASED OVEN PROOF DISH

### **METHOD**

1. Peel the potatoes and cut them into chunks. Place into a pan of cold water and bring the potatoes to the boil. Turn down to a fast simmer and simmer for 8 - 10 minutes until the potatoes are just soft.
2. Drain the potatoes in a colander and leave to stand and cool.
3. Whilst the potatoes are cooling add the sunflower oil to a large frying pan and sauté the cumin and mustard seeds until they begin to pop. Add the onions and the chilli and cook for 2 minutes stirring occasionally.
4. Add the potatoes to the onion, chilli and spice mix sprinkle over the turmeric and ground coriander and fry for 3 - 5 minutes until the potatoes are coated in the spice blend, and they begin to soften around the edges. Drizzle with the lemon juice and garnish with fresh coriander.

Send pictures to [dsalter@parkhall.org](mailto:dsalter@parkhall.org) or **TAG** us in your photos on Social Media!

# Some Fantastic Work

*[Handwritten notes on the history of Anglo-Saxon England, mentioning King Alfred and the Danelaw.]*

In History Year 10 have started learning about Anglo-Saxon England, and how the Norman Conquest in 1066 changed life in England forever. In recent lessons, they have been examining the reign of Edward the Confessor and looking at the rise to power of Harold Godwineson as he prepared to seize the throne in 1066. Below are some examples from Mr Rowland's class of the brilliant work that has been going on.

**The Succession Crisis**  
**House of Godwin:** the most powerful Royal house at the time. Godwin's daughter was married to the king.  
 The most important reason why the House of Godwin was powerful was because he controlled Wessex, which was the wealthiest of the separate English. This was because he was the most powerful Anglo-Saxon. This made them powerful as the king.  
 Another reason why the House of Godwin was powerful was because he married Godwin's daughter when he became king. This made it powerful because he's got the most powerful man in the country next to him from marrying his daughter.

*[Handwritten notes on the reign of Edward the Confessor and the rise of Harold Godwinson.]*

**The Rising Against Tostig**  
 Danelaw: Known in Anglo-Saxon times as Northumbria. An area previously controlled by the Vikings under 'Danish Law'.  
**TOSTIG GODWINESON**  
 • He was the third son of Earl Godwin and a brother of Harold Godwinson.  
 • In 1055 he was made Earl of Northumbria.  
 • He was a southerner and struggled to adapt to life in the north.  
 • In October 1065, there was an uprising against him by Northumbrian Thengs.

**WHAT SHOULD EDWARD THE CONFESSOR DO TASK**  
 1. When the Scottish king invaded and destroyed large parts of Tostig's Earldom in 1061. Tostig did not retaliate, he just asked for peace. Edward the confessor should just leave him to sort it himself. It was Tostig's Earldom, there wasn't much he could do.  
 2. Tostig has been taxing Northumbria too harshly and he was abusing his power to get rid of rivals. Northumbrian Thengs are on their way to complain to Edward the Confessor. He should just allow them to keep travelling. There's a lot of them, and not much they can do.  
 3. The Thengs who travelled south to Edward have been murdered. The Northumbrian Thengs are outraged. They stage a march on York. Many of Tostig's housecarls are killed and his servants taken. Tostig himself is declared an outlaw and Mercia is made earl instead... Edward the confessor would have no choice but to meet with them and agree with their demands.

