

## SOLIHULL CATERING

### SERVICES

**Week Commencing: 26<sup>th</sup> April/16<sup>th</sup> May/13<sup>th</sup> June/4<sup>th</sup> July  
5<sup>th</sup> September/26<sup>th</sup> September/17<sup>th</sup> October**

<u>Week 1</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Main Meal</u>	Chicken & Vegetable Pasta Bake Or Sausages in Onion Gravy served with Mashed Potato	Turkey Korma with Rice Or Fusilli Pasta with Chilli Beef	Beef and Onion Pie served with roast or mash potatoes or Chicken Tikka with Sunshine Rice	Creamy Salmon Pasta Bake Or Sweet and Sour Chicken with Rice	Oven Baked Fish with chips or plain jacket wedges Or Beef Lasagne served with vegetables
<u>Vegetarian</u>	Spicy Vegetable Fajitas	Cheese and Onion Flan	Quorn Sausages with Tomato Sauce	Vegetarian Shepherds Pie	Quorn Stir Fry
<u>Vegetable/Salad accompaniments</u>	Golden Sweet corn & Green Beans or Seasonal Salad	Baked Beans & Peas or Seasonal Salad	Broccoli Florets & Fresh Cabbage or Seasonal Salad	Sliced Fresh Carrots & Mixed Vegetables or Seasonal Salad	Garden Peas & Diced carrots or Seasonal Salad
<u>Hot Desserts</u>	Pear & Chocolate Sponge & Custard or Fresh Fruit Salad	Cornflake Tart & Custard or Fresh Fruit Salad	Fruity Rice Pudding or Fresh Fruit Salad	Apple, Cinnamon & Date Crumble with Custard or Fresh Fruit Salad	Banana Bread or Fresh Fruit Salad
<u>Grab and Go</u>	Pizza Selection, Pasta offer wholemeal	Chicken Joes, Pasta offer (wholemeal)	Quorn Hot Dog Pasta offer (wholemeal)	Chicken Joes, Pasta offer (wholemeal)	Pizza Selection, Pasta offer (wholemeal)
	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings ,Fresh soup and bread	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings ,Fresh soup and bread
	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads
<u>Additional Desserts/Drinks</u>	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl



AWARD  
COMMISSION

