

SOLIHULL CATERING

SERVICES

Week Commencing: 3rd May/23rd May/20th June/11th July

12th September/3rd October

<u>Week 2</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Main Meal</u>	Chicken Curry & Rice Or Salmon and Broccoli pasta Bake	Beef & Mushroom Pie with Sauté potatoes or Chicken &Vegetable Stir fry with Noodles	Roast Pork with Roast Potatoes or Chicken Chasseur	Cottage pie with creamy mashed potatoes	Oven baked fish portion with chips or plain jacket wedges.
<u>Vegetarian</u>	Vegetable Chilli & Rice	Cheese potato & Onion pie	Quorn & Sweet potato curry with Rice	Vegetable Lasagne	Quorn Paella
<u>Vegetable/Salad accompaniments</u>	Peas or Carrots Seasonal salad	Golden Sweet corn & Cauliflower or Seasonal salad	Fresh Broccoli Florets & Fresh Cabbage or Seasonal Salad	Fresh Carrot Slices & Green Beans or Seasonal Salad	Baked beans & Peas or Seasonal Salad
<u>Hot Desserts</u>	Flaky Bar & Vanilla Sauce or Fresh Fruit Salad	Fruity Swirls or Fresh Fruit Salad	Apple Pie & Custard Sauce or Fresh Fruit Salad	Oatmeal & Yoghurt Muffins or Fresh Fruit Salad	Fruit Cheesecake or Fresh Fruit Salad
<u>Grab and Go</u>	Chicken Joes, Pasta offer wholemeal	Pizza Selection, Pasta offer (wholemeal)	Chicken Joes, Pasta offer (wholemeal)	Pizza Selection, Pasta offer (wholemeal)	Quorn Hot Dog & Onions Pasta offer (wholemeal)
	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings ,Fresh soup and bread	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings ,Fresh soup and bread
	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads
<u>Additional Desserts/Drinks</u>	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks Cakes and Biscuits or a choice from our Seasonal Fruit Bowl

