

## SOLIHULL CATERING

### SERVICES

**Week Commencing: 9<sup>th</sup> May/6<sup>th</sup> June/27<sup>th</sup> June**

**18<sup>th</sup> July/19<sup>th</sup> September/10<sup>th</sup> October**

<b><u>Week 3</u></b>	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b><u>Main Meal</u></b>	Pasta Spirals with Beef bolognaise or Breaded Chicken fillet	Chicken Balti & Rice or Cornish Pasty	Roast Beef with Roast or Mashed Potatoes or Penne Pasta with Chicken Torino	Beef Lasagne & Jacket Wedges. or Cajun Spiced Chicken & Rice	Oven baked fish Portion with Chips or Jacket Potato Halves or Salmon & Broccoli Bake
<b><u>Vegetarian</u></b>	Cheese & Onion Flan	Quorn & Vegetable Stir Fry	Quorn chilli & Rice	Creamy Vegetable Korma with pilau rice.	Vegetable Cottage Pie
<b><u>Vegetable/Salad accompaniments</u></b>	Golden Sweet corn & Green Beans or Seasonal Salad	Baked Beans & Peas or Seasonal Salad	Broccoli Florets & Fresh Cabbage or Seasonal Salad	Sliced Fresh Carrots & Mixed Vegetables or Seasonal Salad	Garden Peas & diced carrots or Seasonal Salad
<b><u>Hot Desserts</u></b>	Crunchy Mixed Fruit Crumble or Fresh Fruit Salad	Mandarin Conde or Fresh Fruit Salad	Apple & Cinnamon Strudel with Custard or Fresh Fruit Salad	Chocolate Bread & Butter Pudding or Fresh Fruit Salad	Pineapple upside down pudding or Fresh Fruit Salad
<b><u>Grab and Go</u></b>	Pizza Selection, Pasta offer wholemeal	Pizza Selection, Pasta offer (wholemeal)	Pizza Selection, Pasta offer (wholemeal)	Quorn Hot Dog Pasta offer (wholemeal)	Pizza Selection, Pasta offer (wholemeal)
	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings , Fresh soup and bread	Jacket Potato topped with hot and cold fillings , Fresh soup and bread
	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads	Range of Sandwiches and Salads
<b><u>Additional Desserts/Drinks</u></b>	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl	Yoghurt, Water , Fruit Juices , Smoothies and Milk Drinks  Cakes and Biscuits or a choice from our Seasonal Fruit Bowl



**GOOD EGG  
AWARD**  
COMMISSIONED BY  
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