

<u>Week 2</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Main meal</u>	Chicken in Blackbean Sauce & Pilau Rice	Beef Bolognaise with Pasta Spirals	Roast Chicken With Roast Potatoes or plain jacket wedges	Beef Cobbler with creamy mashed potatoes	Salmon Wrap with Chips or Brown Rice
<u>Vegetarian</u>	Curried Quorn Wrap with Jacket Wedges	Roasted Vegetable Toad in the Hole	Roasted Vegetable Lasagne with garlic bread slice	Mediterranean Vegetable Ratatouille & Pasta	Vegetable Chilli Con Carne with Rice
<u>Vegetable/Salad accompaniments</u>	Peas or Carrots Seasonal salad	Golden Sweet corn & Cauliflower or Seasonal salad	Fresh Broccoli Florets & Fresh Cabbage or Seasonal Salad	Fresh Carrot Slices & Green Beans or Seasonal Salad	Baked beans & Peas or Seasonal Salad
<u>Hot Desserts</u>	Mixed fruit pie & Custard or Fresh Fruit Salad	Warm Carrot Cake with vanilla sauce or Fresh Fruit Salad	Chocolate Sponge & Vanilla Sauce or Fresh Fruit Salad	Pear Conde or Fresh Fruit Salad	Sultana Sponge with Custard or Fresh Fruit Salad
<u>Grab and Go</u>	Chicken Joes, Pasta offer wholemeal	Pizza Selection, Pasta offer (wholemeal)	Chicken Joes, Pasta offer (wholemeal)	Pizza Selection, Pasta offer (wholemeal)	Chicken Joes, Pasta offer (wholemeal)
	Chicken Jalfrezi Curry & Pilau Rice	Chicken Fillet Served in a roll with salad	Quorn Hot Dog & Onions Served with Jacket wedges	Toad in the Hole with Mashed Potatoes	Pork & Pasta in Tomato Sauce
	Jacket potato topped with hot and cold fillings. Fresh soup & bread	Jacket potato topped with hot and cold fillings. Fresh soup & bread	Jacket potato topped with hot and cold fillings. Fresh soup & bread	Jacket potato topped with hot and cold fillings. Fresh soup & bread	Jacket potato topped with hot and cold fillings. Fresh soup & bread
	Range of sandwiches and salads	Range of sandwiches and salads	Range of sandwiches and salads	Range of sandwiches and salads	Range of sandwiches and salads
<u>Additional Desserts/drinks</u>	Yoghurt, jelly and dairy dessert pots, water, fruit juices, Smoothie and milk drinks	Yoghurt, jelly and dairy dessert pots, water, fruit juices, Smoothie and milk drinks	Yoghurt, jelly and dairy dessert pots, water, fruit juices, Smoothie and milk drinks	Yoghurt, jelly and dairy dessert pots, water, fruit juices, Smoothie and milk drinks	Yoghurt, jelly and dairy dessert pots, water, fruit juices, Smoothie and milk drinks
	Cakes and biscuits or a choice from our seasonal fruit bowl	Cakes and biscuits or a choice from our seasonal fruit bowl	Cakes and biscuits or a choice from our seasonal fruit bowl	Cakes and biscuits or a choice from our seasonal fruit bowl	Cakes and biscuits or a choice from our seasonal fruit bowl