

Dear Parent/Carer

As you are aware, it is not long before your son/daughter will need to complete their option choices for Year 10. To support the students with this process we are organising an Inspiration Day for Year 9. The event will take place at Park Hall Academy, on Wednesday 2<sup>nd</sup> February 2011, and will involve the whole year group, who will be off timetable for the day.

Inspiration Day will be delivered by Professionals from the Dame Kelly Holmes Legacy Trust, and has been devised to encourage students to focus on the attitudes and skills which they will require for personal success in their chosen career. Using a variety of activities and interactive sessions, the day will cover:

- Attitudes and skills for success
- Teamwork and communication
- Personal target setting and goals
- Problem solving and overcoming barriers
- Risk taking, and learning from mistakes
- Creative thinking

Many of the activities will be sports-based, therefore students will be required to come to school in their Park Hall Academy P.E. kit, which they will wear for the whole day.

We hope that the interactive nature of the day will encourage students to think about the goals they want to achieve in the future, and the steps they need to take now in order to achieve these.

The Programme deliverers will be doing some filming on the day. If you DO NOT wish your son/daughter to be filmed then please complete the slip below and return it to me by Tuesday 1<sup>st</sup> February 2011.

If you have any further questions about the day then please do not hesitate to contact the school and ask to speak to myself or Emilie Cullum-Kenyon (Head of Performing Arts)

Yours Sincerely

Katie Claff

Pastoral Interventions

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Year 9 Inspiration Day

Name of student: \_\_\_\_\_

I do not wish my son/daughter (delete as appropriate) to be filmed on Inspiration Day.

Signed: \_\_\_\_\_ Parent/Carer (delete as appropriate)

Date: \_\_\_\_\_