



# PARK HALL ACADEMY

## INDEPENDENT LEARNING

*Supporting development*

### AUTUMN TERM

Subject (GCSE/BTEC & subject & KS)

GCSE Physical Education (9,10 and 11)

#### Unit title and main topics/themes

##### Year 9/10

Theory - Unit 1: The participant as an individual  
Unit 2: Physical and Mental demands on Performance

Practical - Key Process A (skills in sport)  
Key Process B (Skills applied in a game)

##### Year 11

Theory - Unit 10: International factors  
Unit 11: Social factors  
Key Process C (strengths and weaknesses on a chosen sport)

Practical - Key Process A (skills in sport)  
Key Process B (Skills applied in a game)

#### Basic/general description of homework set

Pupils log into GCSE PE kerboodle and complete various tasks online.  
Complete past exam papers on the AQA website.  
Worksheets completed.  
Examination notes put into a mind map (revision).

#### Course details – exam board, website, other useful resources, dates/months of exams

AQA – Exam end of May along with practical moderation (controlled assessment)  
Kerboodle  
BBC Sport Academy