



PARK HALL ACADEMY

INDEPENDENT LEARNING

Supporting development

AUTUMN TERM

Subject (GCSE/BTEC & subject & KS)

BTEC Sport (9,10 and 11)

Unit title and main topics/themes

Year 9/10 (Certificate)

Unit 1: Fitness Testing and Training

Unit 2: Practical Sport

Year 11 (Diploma)

Unit 16: Leading Outdoor Adventurous Activities

Unit 20: Planning and Running a Sports Event

Basic/general description of homework set

Pupils complete merit and distinction tasks to keep to deadlines.

Fitness Worksheets

Complete a 6 week training programme

Course details – exam board, website, other useful resources, dates/months of exams

Edexcel: Btec First

Completed at the end of May