

Psychology Homework

Approaches A2

PLATINUM

OUTLINE AND EVALUATE THE HUMANISTIC APPROACH IN PSYCHOLOGY (16 MARKS)

Outline and evaluate the psychodynamic approach in psychology (16 marks)

DISCUSS BOTH THE PSYCHODYNAMIC APPROACH AND the humanistic approach. Include a comparison of the approaches as part of your discussion. (16 marks)

GOLD

Dominic is unhappy and lacks confidence. He also thinks he is not very good-looking and not very clever. He goes to a counselling therapist for help. The therapist suggests that Dominic lacks congruence.

Imagine you have started a new company selling hot tubs in the North England. You have staff of 20 and a potential customer base of millions.

Outline what is meant by 'congruence'. Explain one way in which Dominic might achieve 'congruence'. (4 MARKS)

How could you utilise Maslow's hierarchy of needs model to make your staff happier and your customer base more likely to buy one of your expensive hot tubs? (4 marks)

SILVER

Outline and evaluate one strength of the humanistic approach in psychology (6 marks)

OUTLINE TWO STRENGTHS AND TWO LIMITATIONS OF THE PSYCHODYNAMIC APPROACH (3 MARKS + 3 MARKS)

Outline one limitation of the behavioural approach and explain how a different approach can help explain this (6 marks)

BRONZE

EXPLAIN WHAT IS MEANT BY THE TERMS FREE WILL, SELF ACTUALISATION, CONGRUENCE, AND CONDITIONS OF WORK (2 MARKS + 2 MARKS + 2 MARKS + 2 MARKS)

Which one of the following statements is false? Shade one box only. (1 MARK)

Outline one similarity and one difference between the psychodynamic theory and the social learning theory (2 marks)

- A The Id is responsible for pleasure-seeking behaviour
- B The Id is responsible for unreasonable behaviour
- C The Superego is responsible for bad behaviour
- D The Superego is responsible for guilty feelings