



PARK HALL
ACADEMY

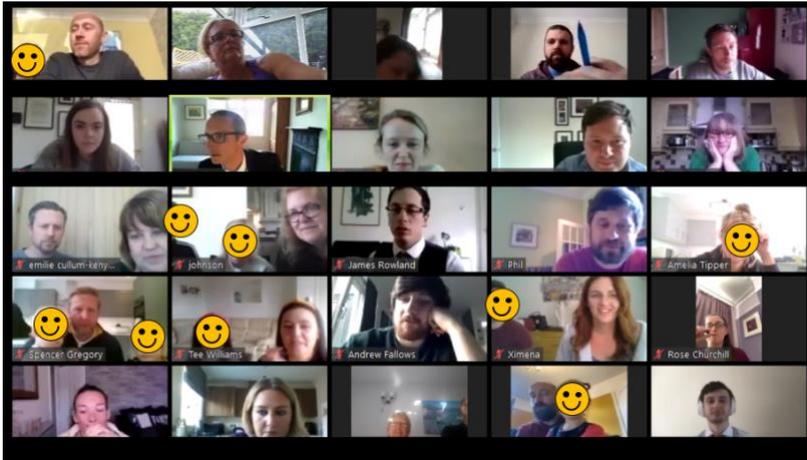
Park Hall Academy

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<http://www.parkhallschool.org.uk/> E: post@parkhall.org

en-gb.facebook.com/ParkHallAcademy

@ParkHallAcademy



We held our first Park Hall Academy Teacher Quiz on Friday, held by Quizmaster Dr Close.

How are you maintaining social balance during lockdown?

Tag us in on how you are keeping up to date with your social life, and staying in communication with your friends and family.



SPECIAL MENTION



Spotlight Stage School

36 mins · 🌐

And today's winner honouring Captain Tom Moore on his 100th birthday is KAILA-MAI HEWITT who not only did 100 walkovers – she did 100 walkovers in the rain. You can hear her neighbours cheering for her! What an achievement Kaila - such grit and determination which is what Captain Tom Moore is all about!



Is there anyone we should **BIG UP** and give a **Special Mention** to? Are you doing something amazing right now?

Let us know! Email your Form Tutor or Miss Bartlett at

cbartlett@parkhall.org

Park Hall Academy's Hard Work Hall of Fame

- Daniel Bevan (Year 8 – French)
- Jessica Bell (Year 8 – French)
- Kye Woakes (Year 8 – French)
- Libby Alexander (Year 8 – Spanish)
- Sophie Marriott (Year 8 – Spanish)
- Jack Healey (Year 8 – Spanish)
- Luke Findlay (Year 8 – Spanish)
- Elle-May Hardwood (Year 8 – English)
- Yusef Abdalla (Year 9 – English)
- Charlee Bridges (Year 10 – French)
- Harrison Chatwin (Year 10 – Citizenship)
- Oliver Fletcher (Year 10 - Sociology)
- Ella Forbes (Year 10 – English)
- Aiden Ryley (Year 10 – English)
- James Francis (Year 10 – Geography)
- Logan Tennant (Year 10 – Geography)

Our Weekly Recommended Reads

Being stuck inside all day can be frustrating (but remember it won't last forever). One way you can help yourself is to read. Reading isn't just good for your mind, it's a brilliant way to relax and unwind. Whilst we are meant to be avoiding busy places at the minute, there are plenty of free books online. Have a look at our recommendations below...

Stormbreaker by Anthony Horowitz – The plot centres Alex, who was told that his uncle died in an accident when he wasn't wearing his seatbelt. But Alex soon finds the car windshield riddled with bullet holes, Alex knew this was no accident. He doesn't know yet, but his uncle was on a top-secret mission, which he is about to find out...

Alice's Adventures in Wonderland by Lewis Carroll – Wonderfully strange, thought provoking and entertaining. The tale follows Alice as she falls down a rabbit hole and lands into a fantasy world, which is full of weird, wonderful people and animals. In a unique world, take a journey with Alice as she encounters these events.

Park Hall Academy's Top 13 Readers This Week

DRUM ROLL PLEASE..... WE HAVE NEW NAMES ADDED TO THIS WEEKS LIST!

Well done to the following students for reading the most this week! Can you make it in our Top 15 next week?

| Student | Word Count |
|--------------------|------------|
| Madason Moran | 273, 579 |
| Joe Jeffery | 175,575 |
| Rafan Falle | 95,692 |
| Alfie Hawes | 76,429 |
| Amelie Lowers | 55,131 |
| Jessica Bell | 44,624 |
| Lauren Bellany | 37,724 |
| Milly Kent | 34,319 |
| Hayley Tillet | 30,644 |
| Abigail Whitehouse | 24,168 |
| Joseph McClelland | 18,275 |
| Theo Snior-King | 5,187 |
| D'Arcy O'Brien | 4,271 |



Join Us in OUR Very Own Weekly Challenge

Each week, we will set you tasks to do, as a challenge. Can you do it all? Can you do more? This will range from physical challenges, to mental challenges.

Record what you can do each week. We may even repeat this, so you can see how well you do week on week.

Week 5:

Squats

Remember the Week 1 Press Up Challenge? What about Squats?

Start with 10, and try to add an extra 10 each day! If that is too tough at the start, scale it back, start with 5 and add 5 each day!



Remote Learning at Park Hall Academy: Parent FAQ April 2020

At Park Hall Academy, we are committed to your child's continued progress and support during this unprecedented period. However, we recognise that learning at home presents its own challenges and every set of circumstances are different. We are thankful for your continued support and working with us as we all get used to this new way of working. Please find below some answers to some frequently asked questions that may help to reassure you and your son/daughter.

How will my child receive their work?

We use a platform called Microsoft Teams. Your child's work should be uploaded by their normal class on the morning when they would normally have that lesson.

How do I install Microsoft Teams?

Microsoft Teams is free to use for your son/daughter by using their @parkhall.org email address. Either go to the office.com website, or search "Microsoft Teams" on your mobile device app store.

We are still having difficulties getting Microsoft Teams to work!

If you go to the Park Hall Academy website and click on "pupil work from home", there are a range of guides to installing and getting Microsoft Teams to work. If you are still having issues, contact your child's Head of Year (contact details are in student planners), or ictsupport@parkhall.org

There seems to be too much work, my child has already spent three hours on a task this morning, they are not going to get all their lesson work returned to their teacher by 3pm.

Students should aim to spend around 1 hour per lesson, and the work set should reflect that. If they are finding they are having to spend longer on a task, it may be best that they pause the task and contact their teacher for support.

My child needs support but I am not sure how to help?

Your first port of call should be the class teacher. They can be contacted through the Teams app, or via email. They can then give further help and advice. Teachers may also post videos and presentations to help students working from home and parent/carers who are supporting them.

When should my son/daughter be working?

We would advise structuring the day according to the normal school day, so teachers are only expecting students to be working between 9am and 3pm. This also ensures that students do not feel overwhelmed or overwork themselves. They should also take breaks as well between lessons as they normally would at school. However, we recognise that every family situation is different and can be dependent on access to laptops, resources and other family routines.

My child isn't going to get their work submitted by the end of the school day, is this a problem?

Deadlines are posted by teachers on Teams to help students prioritise tasks. However we recognise students work at different rates and teachers will of course be flexible and offer support if you contact them. If deadlines are repeatedly missed then you may be contacted by a Head of Year asking if any support is needed.

My child's teacher has sent work/feedback in the evening, should my child be responding to this?

There is no expectation that students respond to teachers outside of school hours.

We can't see how to upload their work; how do we do this?

Teachers will set tasks on "assignments", to upload work scroll to the bottom of the assignment and click "add work". Try to avoid posting work anywhere else as this can cause confusion. If you are still unsure either contact your child's head of year, or ictsupport@parkhall.org.

My child is getting overwhelmed, what should I do?

Our number one concern is the safety and well-being of your child. This is a challenging time for both adults and children alike. If you feel your child is getting overwhelmed by the work being set or the change in routine, or need any further advice please contact your son/daughters Head of Year and we will do what we can to help.



Let's Bake! Hi everyone, it is Mrs. Salter here from the Park Hall Food Department, wishing you all good health in these unprecedented times.

This week I found one of my old Domestic Science books (Yes I am that old) and found the chilled Lemon Flan recipe. It's an old one but it still does the job and it is simple to make. So here goes

INGREDIENTS

- 300ml double cream
- 1 large can of condensed milk (not evaporated)
- 3 medium or 2 large lemons
- 250g Digestive Biscuits
- 100g butter or soft margarine

EQUIPMENT: GREASED OVEN PROOF DISH

METHOD

1. Melt the butter in a saucepan on a low heat. You could do this in the microwave.
2. Crush the digestive biscuits and add to the melted butter, and mix until the biscuit is coated with melted butter.
3. Press the biscuit mixture into the base of the flan dish, pressing down with the back of a metal spoon.
4. In a large bowl, whip the cream until it forms soft peaks.
5. Add the condensed milk and mix thoroughly
6. Finely grate the zest of 1 lemon and squeeze the juice of both.
7. Add the lemon juice and zest to the cream and condensed milk mixture. Mix thoroughly. It will thicken at this point.
8. Put the mixture into the flan base and spread it out evenly.
9. Put into the refrigerator and chill.
10. Before serving you may want to decorate with whipped cream swirls, grated chocolate or a dusting of icing sugar.

Send pictures to dsalter@parkhall.org or **TAG** us in your photos on Social Media!

PARK HALL BAKERS CORNER:

Well done to **Alfie Hawes** for his amazing banana bread, and **Scarlett Potter** who rose to the challenge of a food practical that was set, and produced the most amazing pasta dish! Not forgetting **Ellie-Mae Vincent** for all of her baking during lockdown so far.

Competition Time:

Interested? Have questions?
Contact Ms Kirkbride with your queries;
jkirkbridge@parkhall.org



THE QUEEN'S
COMMONWEALTH ESSAY COMPETITION 2020

Share your ideas,
celebrate your story and
write for a better world

The Queen's Commonwealth Essay Competition is the world's oldest international writing competition for schools, established in 1883. With thousands of young people taking part every year, it is an important way to recognise achievement, elevate youth voices and develop key skills through creative writing.

THEME

CLIMATE ACTION AND THE COMMONWEALTH

Drawing on the urgency of the ongoing climate crisis and increasing youth activism across the Commonwealth, young people are called upon to consider their position and power in bringing about change and how the Commonwealth can be used as a tool for positive action.

ENTER BY 30 JUNE 2020

AWARDS

One Winner and Runner-up will be chosen from each category. Winners and Runners-up will be brought to London for a week of educational and cultural events, culminating in a special Awards Ceremony. A number of Gold, Silver and Bronze Awards will be given in both the Senior and Junior categories, rewarding excellence in writing. All entrants will receive a Certificate of Participation.

 THE ROYAL COMMONWEALTH SOCIETY



Some Fantastic Work

COVID-19 and Lockdown – from the Perspective of a A Level Psychology student’

Author: Harriet Herbert

Throughout this lockdown, the majority of us have abruptly paused our TVs, put down our books and left tasks half-finished to stand in our porches and clap for the NHS. Why do we do this? There's the evident reason, of it pays our respects to their hard work, but are we clapping because we want to, or because it's product of conformity?

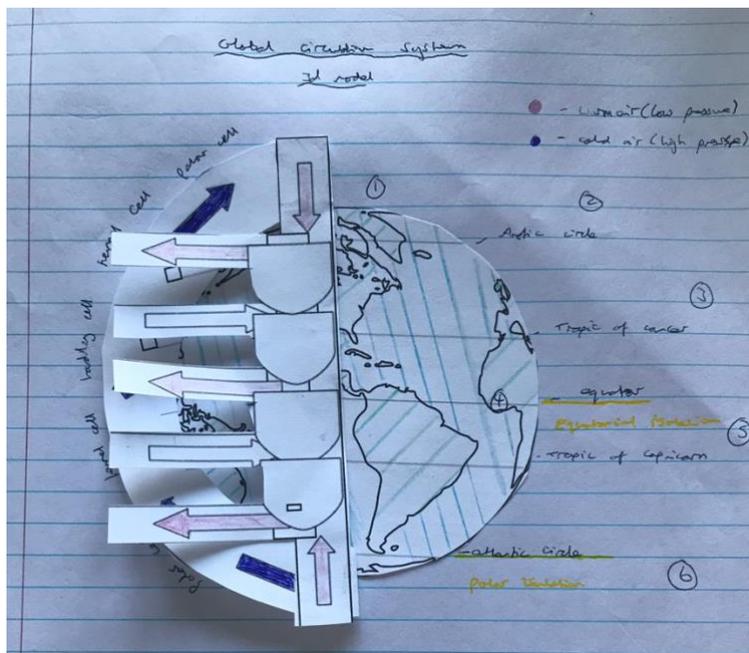


We may be clapping for our carers as a result of compliance; a public form of conformity in which we change our behaviours to fit with the majority (those who clap) to gain approval, or in this case, avoid disapproval. If we were not to participate in the weekly clap, there's a high possibility this would be frowned upon by those friends or family members who do.

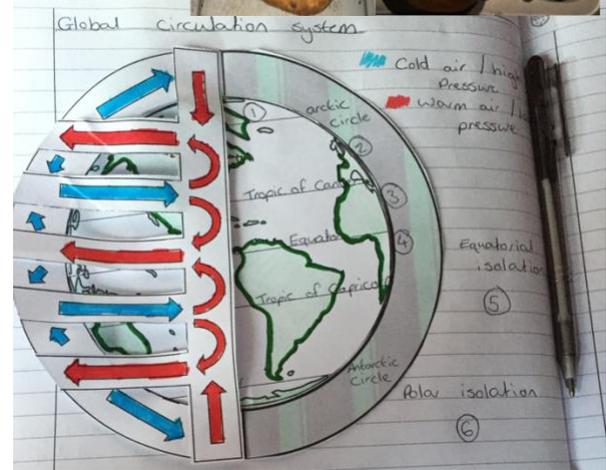
Similarly, clapping may be a form of identification, where we adopt group behaviours to feel apart of and be associated with that group. These behaviours will only occur whilst the group is present (i.e. whilst everyone continues to clap) but will end when the group no longer exists after the pandemic. Many of us want to feel associated with clapping for carers, as it shows our support and unity in these difficult times.

The final type of conformity is internalisation. This is where the individual will strongly believe in their actions/ behaviours following the majority, both in private and in public. We internally believe that clapping for our carers is the right thing to do to show our respects, rather than feeling obliged to clap because others are.

Both compliance and identification are types of normative social influence (acting to gain approval), which occurs due to a fundamental need for companionship and the fear of being rejected. Internalisation however, can be explained with informational social influence, which is the desire to be right. We look to others as a way of gaining evidence about reality and confidence in our own perceptions, as demonstrated in this pandemic.



Some baking in lockdown by Ellie-Mae Vincent (9B2) - Garlic Loaf, Belgian Buns, Chocolate Concrete & Millionaire Shortbread



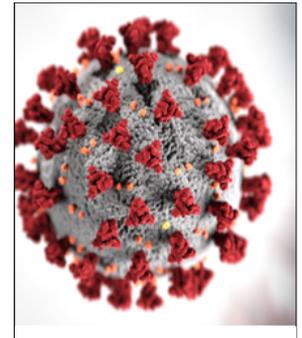
COVID-19 – From the perspective of a GCSE Sociology Student

Author: Oliver Fletcher

Lockdown is the world's biggest sociological experiment - and we will pay the price.

Currently, an estimated 2.6 billion people – one-third of the world's population – is living under some kind of lockdown or quarantine.

This is arguably the largest sociology experiment ever conducted.



School closures may seriously impact the exam results between working-class students and middle class- students, and this can be narrowed down to one cause, **material deprivation**. This is the inability to afford basic resources. Working class families may not be able to afford food, heating or clothing and educational resources, which is very likely to affect educational performance and result in underachievement.

Research shows that poor diet and under-nourishment can lead to poor educational performance and clearly poor health and poor attendance at school has a direct impact on achievement. Access to the internet, books and a quiet place to work are all important material factors. This is something which middle-class children will have access to but working-class pupils will not.

Therefore, school closures will increasingly widen the gap in educational performance between the middle and working classes.