



Healthy Schools

SOLIHULL CATERING

SERVICES

Week Commencing: 19th November 2018

10th December 2018 /14th January 2019

4th February 2019 / 4th March 2019 / 25th March 2019

<u>Week 2</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Main Meal</u> 	Bacon Steak with Pineapple	Beef Lasagne with Garlic Bread	Roast Pork with Apple Sauce	Beef Grill served with Jacket Potato	Oven Baked Fish with Wedges
<u>Vegetarian</u> 	Quorn Dippers	Vegetarian Lasagne with Garlic Bread	Macaroni Cheese	Quorn Burger	Cheesy Jacket Potato
<u>Desserts and Drinks Etc</u> 	Dessert of the Day Yoghurt, Water Fruit Juices Smoothies Milk Drinks Cakes and Biscuits, Fresh Fruit Bowl	Dessert of the Day Yoghurt, Water Fruit Juices Smoothies Milk Drinks Cakes and Biscuits, Fresh Fruit Bowl	Dessert of the Day Yoghurt, Water Fruit Juices Smoothies Milk Drinks Cakes and Biscuits, Fresh Fruit Bowl	Dessert of the Day Yoghurt, Water Fruit Juices Smoothies Milk Drinks Cakes and Biscuits, Fresh Fruit Bowl	Dessert of the Day Yoghurt, Water Fruit Juices Smoothies Milk Drinks Cakes and Biscuits, Fresh Fruit Bowl
<u>Grab and Go</u>   GOOD FOOD THAT FUELS LEARNING	Pizza Pasta King Jacket Potato & fillings. Sausage Roll Range of Baguettes Sandwiches Wraps Panini's and Salads	LoveJoes Wrap Pasta King Jacket Potato & fillings Steak Slice Range of Baguettes Sandwiches Wraps Panini's and Salads	Pizza Pasta King Jacket Potato & fillings Zinger Burger Range of Baguettes Sandwiches Wraps Panini's and Salads	Pizza Pasta King Jacket Potato & fillings Spicy Fillet Range of Baguettes Sandwiches Wraps Panini's and Salads	Pizza Pasta King Jacket Potato & fillings Cheese & Onion Pasty Range of Baguettes Sandwiches Wraps Panini's and Salads